

For allergens including cereals containing gluten see ingredients in BOLD. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Ingredient Declaration	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks												
Americano	Short	water, Espresso shot - espresso roast as brewed [whole be:	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Americano	Tall	water, Espresso shot - espresso roast as brewed [whole be:	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Americano	Grande	water, Espresso shot - espresso roast as brewed [whole be:	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Americano	Venti	water, Espresso shot - espresso roast as brewed [whole be:	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Caffe Latte - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Espresso shot	343	82	2.8	2.7	8	7.6	0.1	6	0.20	33.1
Caffe Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Espresso shot	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Caffe Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Espresso shot	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Caffe Latte - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Espresso shot	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Caffe Latte - whole milk	Short	whole MILK, Espresso shot - espresso roast as brewed [wh:	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33.1
Caffe Latte - whole milk	Tall	whole MILK, Espresso shot - espresso roast as brewed [wh:	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Caffe Latte - whole milk	Grande	whole MILK, Espresso shot - espresso roast as brewed [wh:	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Caffe Latte - whole milk	Venti	whole MILK, Espresso shot - espresso roast as brewed [wh:	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Caffe Latte - skimmed milk	Short	skimmed MILK, Espresso shot - espresso roast as brewed [\	264	63	0.6	0.2	8.1	7.7	0.1	6	0.20	33.1
Caffe Latte - skimmed milk	Tall	skimmed MILK, Espresso shot - espresso roast as brewed [\	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Caffe Latte - skimmed milk	Grande	skimmed MILK, Espresso shot - espresso roast as brewed [\	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Caffe Latte - skimmed milk	Venti	skimmed MILK, Espresso shot - espresso roast as brewed [\	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Caffe Latte - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33.1
Caffe Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	305	74	3.4	0.3	7.9	6.7	1	2.3	0.21	66.2
Caffe Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Caffe Latte - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99.2
Caffe Latte - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	291	69	2.6	0.4	8.2	5.1	0.6	3.1	0.26	33.1
Caffe Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	473	112	4.1	0.6	13.2	8.2	1	5.1	0.42	66.2
Caffe Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	621	147	5.5	0.8	17.5	11	1.3	6.6	0.54	66.2
Caffe Latte - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	806	191	7.1	1	22.6	14.1	1.7	8.6	0.71	99.2
Caffe Latte - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33.1
Caffe Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66.2
Caffe Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Caffe Latte - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	836	200	8	1.4	15.5	14.2	2.6	15	0.68	99.2
Caffe Latte - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	396	94	4.1	3	10.7	6.1	3.5	2.1	0.21	33.1
Caffe Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Caffe Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Caffe Latte - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Caffe Latte - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33.1
Caffe Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Caffe Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Caffe Latte - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Latte Macchiato - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Espresso shot	343	82	2.8	2.7	8	7.6	0.1	6	0.20	33.1
Latte Macchiato - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Espresso shot	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66.2
Latte Macchiato - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Espresso shot	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66.2
Latte Macchiato - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Espresso shot	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99.2
Latte Macchiato - whole milk	Short	whole MILK, Espresso shot - espresso roast as brewed [wh:	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33.1
Latte Macchiato - whole milk	Tall	whole MILK, Espresso shot - espresso roast as brewed [wh:	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66.2
Latte Macchiato - whole milk	Grande	whole MILK, Espresso shot - espresso roast as brewed [wh:	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66.2
Latte Macchiato - whole milk	Venti	whole MILK, Espresso shot - espresso roast as brewed [wh:	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99.2
Latte Macchiato - skimmed milk	Short	skimmed MILK, Espresso shot - espresso roast as brewed [\	264	63	0.6	0.2	8.1	7.7	0.1	6	0.20	33.1
Latte Macchiato - skimmed milk	Tall	skimmed MILK, Espresso shot - espresso roast as brewed [\	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66.2
Latte Macchiato - skimmed milk	Grande	skimmed MILK, Espresso shot - espresso roast as brewed [\	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66.2
Latte Macchiato - skimmed milk	Venti	skimmed MILK, Espresso shot - espresso roast as brewed [\	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99.2
Latte Macchiato - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33.1
Latte Macchiato - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	305	74	3.4	0.3	7.9	6.7	1	2.3	0.21	66.2
Latte Macchiato - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	395	96	4.5	0.4	10.2	9	1.3	2.7	0.26	66.2
Latte Macchiato - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99.2
Latte Macchiato - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	291	69	2.6	0.4	8.2	5.1	0.6	3.1	0.26	33.1
Latte Macchiato - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	473	112	4.1	0.6	13.2	8.2	1	5.1	0.42	66.2
Latte Macchiato - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	621	147	5.5	0.8	17.5	11	1.3	6.6	0.54	66.2

Latte Macchiato - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	806	191	7.1	1	22.6	14.1	1.7	8.6	0.71	99.2
Latte Macchiato - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33.1
Latte Macchiato - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66.2
Latte Macchiato - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	645	154	6.2	1.1	11.9	11	2	11.5	0.52	66.2
Latte Macchiato - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	836	200	8	1.4	15.5	14.2	2.6	15	0.68	99.2
Latte Macchiato - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	396	94	4.1	3	10.7	6.1	3.5	2.1	0.21	33.1
Latte Macchiato - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66.2
Latte Macchiato - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66.2
Latte Macchiato - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99.2
Latte Macchiato - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33.1
Latte Macchiato - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66.2
Latte Macchiato - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66.2
Latte Macchiato - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99.2
Freshly Brewed Coffee	Short	Pike place coffee as brewed [whole bean roasted coffee	96	24	1.2	0.2	1	0.2	1.2	1.4	0.30	69.6
Freshly Brewed Coffee	Tall	Pike place coffee as brewed [whole bean roasted coffee	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	101.5
Freshly Brewed Coffee	Grande	Pike place coffee as brewed [whole bean roasted coffee	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136.3
Freshly Brewed Coffee	Venti	Pike place coffee as brewed [whole bean roasted coffee	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171.1
Espresso	Single	whole bean roasted coffee	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33.1
Espresso Doppio	Doppio	whole bean roasted coffee	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Espresso Con Panna	Single	Reduced fat whipped cream [cream 34% (MILK), sugar (240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33.1
Espresso Con Panna - Doppio	Double	Reduced fat whipped cream [cream 34% (MILK), sugar (303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66.2
Espresso Macchiato - semi skimmed milk	Single	Semi skimmed milk [semi skimmed MILK], whole bean r	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - whole milk	Single	whole MILK , whole bean roasted coffee	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - skimmed milk	Single	skimmed MILK , whole bean roasted coffee	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33.1
Espresso Macchiato - almond drink	Single	Almond drink [water, ALMOND (2.5%), fructose, acidity	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33.1
Espresso Macchiato - original nut blend	Single	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	31	7	0.2	0	0.7	0.2	0.1	0.6	0.04	33.1
Espresso Macchiato - soya drink	Single	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	31	7	0.2	0	0.7	0.2	0.1	0.6	0.04	33.1
Espresso Macchiato - oat drink	Single	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33.1
Espresso Macchiato - coconut drink	Single	Coconut drink [Water, coconut milk (10%), sugar, maize	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33.1
Espresso Macchiato - Doppio - semi skimmed milk	Double	Semi skimmed milk [semi skimmed MILK], Espresso shot	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - whole milk	Double	whole MILK , Espresso shot - espresso roast as brewed [wh	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - skimmed milk	Double	skimmed MILK , Espresso shot - espresso roast as brewed [w	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66.2
Espresso Macchiato - Doppio - almond drink	Double	Almond drink [water, ALMOND (2.5%), fructose, acidity	60	14	0.4	0.1	1.4	0.6	0.3	1	0.07	66.2
Espresso Macchiato - Doppio - original nut blend	Double	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	71	17	0.5	0.1	1.8	0.7	0.3	1.2	0.08	66.2
Espresso Macchiato - Doppio - soya drink	Double	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	72	17	0.5	0.1	1.5	0.7	0.3	1.4	0.08	66.2
Espresso Macchiato - Doppio - oat drink	Double	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	82	19	0.6	0.4	2	0.8	0.6	1.1	0.08	66.2
Espresso Macchiato - Doppio - coconut drink	Double	Coconut drink [Water, coconut milk (10%), sugar, maize	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66.2
Cortado - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], whole bean r	387	92	3.1	2.9	9	8.1	0.2	6.9	0.24	66.2
Cortado - whole milk	Short	whole MILK , whole bean roasted coffee	501	119	6.3	3.9	8.8	8	0.2	6.7	0.23	66.2
Cortado - skimmed milk	Short	skimmed MILK , whole bean roasted coffee	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66.2
Cortado - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66.2
Cortado - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	331	78	2.8	0.4	9.2	5.5	0.8	3.7	0.30	66.2
Cortado - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66.2
Cortado - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66.2
Cortado - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Cappuccino - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Espresso shot	274	65	2.2	2.1	6.4	5.9	0.1	4.9	0.16	33.1
Cappuccino - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Espresso shot	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66.2
Cappuccino - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Espresso shot	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66.2
Cappuccino - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Espresso shot	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99.2
Cappuccino - whole milk	Short	whole MILK , Espresso shot - espresso roast as brewed [wh	358	85	4.6	2.9	6.3	5.8	0.1	4.7	0.16	33.1
Cappuccino - whole milk	Tall	whole MILK , Espresso shot - espresso roast as brewed [wh	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66.2
Cappuccino - whole milk	Grande	whole MILK , Espresso shot - espresso roast as brewed [wh	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66.2
Cappuccino - whole milk	Venti	whole MILK , Espresso shot - espresso roast as brewed [wh	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99.2
Cappuccino - skimmed milk	Short	skimmed MILK , Espresso shot - espresso roast as brewed [w	212	50	0.5	0.2	6.5	6.1	0.1	4.9	0.17	33.1
Cappuccino - skimmed milk	Tall	skimmed MILK , Espresso shot - espresso roast as brewed [w	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66.2
Cappuccino - skimmed milk	Grande	skimmed MILK , Espresso shot - espresso roast as brewed [w	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66.2
Cappuccino - skimmed milk	Venti	skimmed MILK , Espresso shot - espresso roast as brewed [w	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99.2
Cappuccino - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	150	36	1.7	0.1	3.9	3.3	0.5	1.1	0.10	33.1
Cappuccino - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	278	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Cappuccino - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	318	77	3.6	0.3	8.2	7.1	1.1	2.3	0.22	66.2
Cappuccino - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	446	108	5	0.4	11.5	9.8	1.5	3.3	0.31	99.2
Cappuccino - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	233	55	2	0.3	6.5	4	0.5	2.5	0.21	33.1
Cappuccino - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	429	102	3.7	0.5	12	7.4	0.9	4.7	0.38	66.2
Cappuccino - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	494	117	4.3	0.6	13.9	8.6	1.1	5.3	0.44	66.2
Cappuccino - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	691	164	6	0.8	19.3	12	1.5	7.5	0.61	99.2

Cappuccino - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	242	58	2.3	0.4	4.5	4.1	0.8	4.3	0.20	33.1
Cappuccino - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	445	106	4.2	0.8	8.3	7.4	1.4	8	0.36	66.2
Cappuccino - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	513	123	4.9	0.9	9.5	8.7	1.6	9.2	0.42	66.2
Cappuccino - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	717	171	6.8	1.2	13.3	12	2.3	12.9	0.58	99.2
Cappuccino - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	316	75	3.2	2.4	8.5	4.8	2.7	1.7	0.17	33.1
Cappuccino - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	580	138	5.9	4.4	15.6	8.8	5	3.2	0.32	66.2
Cappuccino - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	671	160	6.9	5.1	18.1	10.3	5.8	3.6	0.36	66.2
Cappuccino - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	935	223	9.6	7.1	25.2	14.3	8.1	5.1	0.51	99.2
Cappuccino - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	248	60	3.2	2.9	4.9	4.4	2	1.7	0.26	33.1
Cappuccino - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66.2
Cappuccino - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66.2
Cappuccino - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99.2
Misto - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Pike place coff	248	59	2.3	1.8	5.1	4.8	0.6	4.2	0.26	34.8
Misto - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Pike place coff	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	53.7
Misto - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Pike place coff	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	62.9
Misto - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Pike place coff	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82.1
Misto - whole milk	Short	whole MILK , Pike place coffee as brewed [whole bean roa:	314	75	4.2	2.4	5	4.7	0.6	4.1	0.25	34.8
Misto - whole milk	Tall	whole MILK , Pike place coffee as brewed [whole bean roa:	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	53.7
Misto - whole milk	Grande	whole MILK , Pike place coffee as brewed [whole bean roa:	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	62.9
Misto - whole milk	Venti	whole MILK , Pike place coffee as brewed [whole bean roa:	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82.1
Misto - skimmed milk	Short	skimmed MILK , Pike place coffee as brewed [whole bean r	198	48	0.9	0.2	5.2	4.9	0.6	4.2	0.26	34.8
Misto - skimmed milk	Tall	skimmed MILK , Pike place coffee as brewed [whole bean r	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	53.7
Misto - skimmed milk	Grande	skimmed MILK , Pike place coffee as brewed [whole bean r	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	62.9
Misto - skimmed milk	Venti	skimmed MILK , Pike place coffee as brewed [whole bean r	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82.1
Misto - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	150	37	1.8	0.2	3.1	2.7	0.9	1.2	0.21	34.8
Misto - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	283	69	3.5	0.4	6.2	5.5	1.6	2.2	0.35	53.7
Misto - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	343	84	4.2	0.5	7.6	6.7	1.9	2.6	0.42	62.9
Misto - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	465	114	5.7	0.6	10.3	9.2	2.5	3.5	0.56	82.1
Misto - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	215	52	2.1	0.3	5.2	3.3	0.9	2.3	0.29	34.8
Misto - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	417	100	4.1	0.6	10.5	6.6	1.6	4.4	0.52	53.7
Misto - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	507	121	4.9	0.7	12.8	8.1	1.9	5.4	0.63	62.9
Misto - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	690	165	6.7	1	17.6	11.1	2.5	7.3	0.84	82.1
Misto - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	222	53	2.3	0.4	3.6	3.3	1.1	3.8	0.28	34.8
Misto - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	431	104	4.5	0.8	7.2	6.7	2	7.4	0.51	53.7
Misto - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	524	126	5.4	1	8.8	8.1	2.4	9	0.61	62.9
Misto - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	714	172	7.4	1.3	12	11.2	3.2	12.2	0.81	82.1
Misto - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	280	67	3.1	2	6.8	3.9	2.7	1.7	0.26	34.8
Misto - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	551	132	6	4	13.7	7.9	5.2	3.1	0.46	53.7
Misto - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	671	161	7.3	4.9	16.8	9.7	6.3	3.8	0.56	62.9
Misto - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	915	219	9.9	6.8	23	13.2	8.6	5.1	0.75	82.1
Misto - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	227	55	3.1	2.4	3.9	3.6	2.1	1.7	0.34	34.8
Misto - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	442	108	6	4.9	7.8	7.3	4	3.1	0.61	53.7
Misto - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	536	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	62.9
Misto - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	731	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82.1
Flat White - semi skimmed milk	Short	semi skimmed MILK , Espresso shot - espresso roast as brev	387	92	3.1	2.9	9	8.1	0.2	6.9	0.24	66.2
Flat White - whole milk	Short	Whole milk [whole MILK], Espresso shot - espresso roast a	501	119	6.3	3.9	8.8	8	0.2	6.7	0.23	66.2
Flat White - skimmed milk	Short	skimmed MILK , Espresso shot - espresso roast as brewed (\	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66.2
Flat White - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66.2
Flat White - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	331	78	2.8	0.4	9.2	5.5	0.8	3.7	0.30	66.2
Flat White - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66.2
Flat White - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66.2
Flat White - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66.2
Caramel Macchiato - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Caramel drizzl	468	111	3.4	3	14.8	13.9	0.1	5.3	0.21	33.1
Caramel Macchiato - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Caramel drizzl	735	174	5	4.5	23.4	22	0.2	8.9	0.33	66.2
Caramel Macchiato - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Caramel drizzl	948	225	6.3	5.7	30.7	29.3	0.2	11.4	0.41	66.2
Caramel Macchiato - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Caramel drizzl	1153	273	7.3	6.7	37.9	35.9	0.3	13.8	0.50	99.2
Caramel Macchiato - whole milk	Short	whole MILK , Caramel drizzle [sugar, dextrose, glucose syr	559	133	6	3.8	14.6	13.8	0.1	5.2	0.20	33.1
Caramel Macchiato - whole milk	Tall	whole MILK , Caramel drizzle [sugar, dextrose, glucose syr	885	210	9.3	5.8	23.1	21.8	0.2	8.6	0.32	66.2
Caramel Macchiato - whole milk	Grande	whole MILK , Caramel drizzle [sugar, dextrose, glucose syr	1145	272	11.9	7.4	30.4	29	0.2	11.1	0.40	66.2
Caramel Macchiato - whole milk	Venti	whole MILK , Caramel drizzle [sugar, dextrose, glucose syr	1389	330	14	8.8	37.5	35.6	0.3	13.5	0.49	99.2
Caramel Macchiato - skimmed milk	Short	skimmed MILK , Caramel drizzle [sugar, dextrose, glucose	400	95	1.5	0.8	14.9	14.1	0.1	5.3	0.21	33.1
Caramel Macchiato - skimmed milk	Tall	skimmed MILK , Caramel drizzle [sugar, dextrose, glucose	623	148	1.9	1	23.6	22.2	0.2	8.9	0.33	66.2
Caramel Macchiato - skimmed milk	Grande	skimmed MILK , Caramel drizzle [sugar, dextrose, glucose	800	189	2.1	1.1	31	29.6	0.2	11.4	0.41	66.2
Caramel Macchiato - skimmed milk	Venti	skimmed MILK , Caramel drizzle [sugar, dextrose, glucose	977	231	2.4	1.2	38.2	36.3	0.3	13.8	0.50	99.2
Caramel Macchiato - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	334	80	2.8	0.8	12	11.1	0.5	1.3	0.14	33.1

Caramel Macchiato - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	514	123	4	0.9	18.9	17.3	0.9	2.2	0.22	66.2
Caramel Macchiato - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	655	157	4.9	1	24.8	23.1	1.1	2.6	0.26	66.2
Caramel Macchiato - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	804	192	5.8	1.1	30.8	28.5	1.4	3.3	0.33	99.2
Caramel Macchiato - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	424	100	3.2	0.9	14.9	11.9	0.5	2.8	0.25	33.1
Caramel Macchiato - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	661	157	4.7	1.1	23.6	18.6	0.9	4.7	0.41	66.2
Caramel Macchiato - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	850	201	5.8	1.3	31.1	24.8	1.1	5.9	0.51	66.2
Caramel Macchiato - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1036	245	6.8	1.4	38.3	30.6	1.4	7.3	0.62	99.2
Caramel Macchiato - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	433	103	3.5	1.1	12.7	11.9	0.8	4.7	0.24	33.1
Caramel Macchiato - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	677	161	5.1	1.4	20	18.6	1.4	7.9	0.39	66.2
Caramel Macchiato - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	871	207	6.4	1.6	26.2	24.8	1.8	10.2	0.49	66.2
Caramel Macchiato - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1061	252	7.5	1.8	32.6	30.6	2.2	12.4	0.59	99.2
Caramel Macchiato - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	513	122	4.5	3.2	17.1	12.7	3	1.9	0.22	33.1
Caramel Macchiato - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	809	192	6.8	4.9	27.2	20	4.9	3.3	0.34	66.2
Caramel Macchiato - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1045	248	8.6	6.3	35.7	26.6	6.4	4	0.43	66.2
Caramel Macchiato - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1269	302	10.2	7.4	43.9	32.8	7.7	5	0.52	99.2
Caramel Macchiato - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	440	106	4.5	3.8	13.1	12.3	2.1	1.9	0.31	33.1
Caramel Macchiato - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	688	166	6.8	5.8	20.7	19.3	3.6	3.3	0.51	66.2
Caramel Macchiato - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	886	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66.2
Caramel Macchiato - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	1079	259	10.2	8.8	33.6	31.7	5.6	5	0.78	99.2
Mocha - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	686	164	7.9	5.9	16.6	15.5	1.5	5.9	0.14	33.1
Mocha - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1010	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66.2
Mocha - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1330	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66.2
Mocha - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1546	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99.2
Mocha - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MI	745	178	9.6	6.4	16.5	15.4	1.5	5.8	0.14	33.1
Mocha - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MI	1111	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66.2
Mocha - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MI	1481	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66.2
Mocha - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MI	1716	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99.2
Mocha - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	641	153	6.6	4.5	16.7	15.6	1.5	5.9	0.14	33.1
Mocha - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	933	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66.2
Mocha - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66.2
Mocha - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99.2
Mocha - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	598	143	7.5	4.5	14.9	13.6	1.7	3.2	0.10	33.1
Mocha - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	859	206	9.9	5.6	22.6	20.5	2.7	5.1	0.17	66.2
Mocha - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1108	265	12.4	6.7	30.1	27.6	3.6	6.5	0.22	66.2
Mocha - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1293	310	13.4	7.1	36.7	33.4	4.5	8.1	0.26	99.2
Mocha - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	657	157	7.7	4.6	16.7	14.1	1.7	4.2	0.17	33.1
Mocha - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	959	229	10.4	5.8	25.8	21.4	2.7	6.8	0.29	66.2
Mocha - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1256	299	13	7	34.9	28.9	3.6	9	0.40	66.2
Mocha - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1461	348	14.2	7.4	42.1	34.9	4.5	10.9	0.47	99.2
Mocha - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	663	158	7.9	4.7	15.3	14.1	1.9	5.5	0.16	33.1
Mocha - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	970	232	10.7	5.9	23.4	21.4	3.1	9	0.28	66.2
Mocha - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1272	304	13.5	7.2	31.2	28.9	4.1	12.2	0.38	66.2
Mocha - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1479	353	14.7	7.7	38	34.9	5.1	14.6	0.45	99.2
Mocha - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	715	171	8.6	6.1	18.1	14.7	3.3	3.6	0.15	33.1
Mocha - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1060	253	11.8	8.4	28.2	22.3	5.5	5.8	0.25	66.2
Mocha - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1404	335	15.2	10.8	38.4	30.3	7.7	7.5	0.34	66.2
Mocha - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1630	389	16.6	11.7	46.1	36.4	9.1	9.3	0.40	99.2
Mocha - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	667	160	8.6	6.4	15.6	14.4	2.8	3.6	0.21	33.1
Mocha - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66.2
Mocha - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66.2
Mocha - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99.2
White Mocha - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	861	206	9.3	7.3	24.5	24.1	0.1	5.9	0.25	33.1
White Mocha - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1306	311	13	10.4	38.2	37.4	0.2	10.2	0.43	66.2
White Mocha - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1672	398	16.1	13.1	50.1	49.3	0.2	13	0.55	66.2
White Mocha - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	2087	497	19	15.6	63.9	62.6	0.3	17.5	0.72	99.2
White Mocha - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MI	922	220	11	7.9	24.4	24	0.1	5.8	0.25	33.1
White Mocha - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MI	1421	339	16.3	11.5	38.1	37.2	0.2	10	0.42	66.2
White Mocha - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MI	1823	434	20.4	14.4	49.9	49.1	0.2	12.8	0.54	66.2
White Mocha - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MI	2295	547	24.9	17.4	63.6	62.3	0.3	17.2	0.72	99.2
White Mocha - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	816	195	8	5.9	24.6	24.2	0.1	5.9	0.26	33.1
White Mocha - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1220	291	10.6	7.8	38.4	37.5	0.2	10.2	0.43	66.2
White Mocha - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1560	372	13	9.5	50.4	49.5	0.2	13	0.55	66.2
White Mocha - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1932	460	14.6	10.7	64.2	62.9	0.3	17.5	0.73	99.2
White Mocha - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	772	185	8.9	5.9	22.7	22.2	0.4	3.2	0.21	33.1
White Mocha - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1136	272	12.2	7.7	34.8	33.8	0.8	5.1	0.35	66.2

White Mocha - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1450	347	15.1	9.5	45.7	44.6	0.9	6.4	0.44	66.2
White Mocha - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1780	425	17.6	10.6	57.7	56.1	1.3	8.2	0.58	99.2
White Mocha - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	832	198	9.2	6	24.6	22.7	0.4	4.2	0.29	33.1
White Mocha - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1250	298	12.7	7.9	38.4	34.8	0.8	7	0.49	66.2
White Mocha - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1598	380	15.8	9.7	50.4	45.9	0.9	8.9	0.62	66.2
White Mocha - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1985	472	18.5	11	64.2	57.9	1.3	11.7	0.83	99.2
White Mocha - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	838	200	9.4	6.1	23.1	22.7	0.6	5.5	0.28	33.1
White Mocha - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1262	301	13.1	8.1	35.6	34.8	1.1	9.5	0.48	66.2
White Mocha - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1614	385	16.3	10	46.8	45.9	1.4	12.1	0.61	66.2
White Mocha - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	2006	478	19.1	11.3	59.2	57.9	2	16.2	0.81	99.2
White Mocha - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	891	213	10	7.5	26	23.3	2	3.6	0.26	33.1
White Mocha - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1363	325	14.4	10.8	41.1	35.8	3.8	5.9	0.44	66.2
White Mocha - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1746	416	17.9	13.5	54	47.3	4.9	7.4	0.56	66.2
White Mocha - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2189	522	21.5	16.2	69.2	59.8	6.9	9.7	0.75	99.2
White Mocha - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	842	202	10	7.9	23.4	23	1.5	3.6	0.33	33.1
White Mocha - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1270	304	14.4	11.5	36.2	35.3	2.8	5.9	0.57	66.2
White Mocha - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1625	389	17.9	14.4	47.5	46.6	3.6	7.4	0.73	66.2
White Mocha - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	2022	484	21.5	17.5	60.1	58.9	5	9.7	0.97	99.2

Cold Coffee

Cold Brew	Tall	Cold brew as brewed [arabica coffee], ice	68	16	1	0.2	0	0	1	1.2	0.26	36.9
Cold Brew	Grande	Cold brew as brewed [arabica coffee], ice	92	22	1.4	0.3	0	0	1.4	1.7	0.35	50
Cold Brew	Venti	Cold brew as brewed [arabica coffee], ice	116	28	1.8	0.4	0	0	1.8	2.1	0.44	63.2
Cold Brew Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Cold brew - co	390	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	38.7
Cold Brew Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Cold brew - co	517	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	51.8
Cold Brew Latte - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Cold brew - co	631	151	5.4	4.6	14.2	12.4	1	10.7	0.53	76.9
Cold Brew Latte - whole milk	Tall	whole MILK , Cold brew - concentrated [arabica coffee], ice	502	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	38.7
Cold Brew Latte - whole milk	Grande	whole MILK , Cold brew - concentrated [arabica coffee], ice	665	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	51.8
Cold Brew Latte - whole milk	Venti	whole MILK , Cold brew - concentrated [arabica coffee], ice	806	192	10.4	6.2	14	12.2	1	10.4	0.52	76.9
Cold Brew Latte - skimmed milk	Tall	skimmed MILK , Cold brew - concentrated [arabica coffee],	306	73	1	0.3	9	8.1	0.5	6.6	0.31	38.7
Cold Brew Latte - skimmed milk	Grande	skimmed MILK , Cold brew - concentrated [arabica coffee],	406	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	51.8
Cold Brew Latte - skimmed milk	Venti	skimmed MILK , Cold brew - concentrated [arabica coffee],	501	119	1.8	0.5	14.5	12.7	1	10.7	0.53	76.9
Cold Brew Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	225	55	2.6	0.3	5.5	4.4	1	1.7	0.22	38.7
Cold Brew Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	298	73	3.4	0.4	7.3	5.9	1.3	2.2	0.30	51.8
Cold Brew Latte - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	373	91	4.2	0.5	9	7	1.8	2.9	0.40	76.9
Cold Brew Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	335	80	3.1	0.4	9	5.4	1	3.5	0.36	38.7
Cold Brew Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	444	106	4.1	0.6	12	7.2	1.3	4.7	0.48	51.8
Cold Brew Latte - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	545	130	5	0.7	14.5	8.5	1.8	5.9	0.62	76.9
Cold Brew Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	346	83	3.4	0.6	6.3	5.4	1.4	6	0.35	38.7
Cold Brew Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	459	110	4.5	0.8	8.4	7.2	1.8	7.9	0.46	51.8
Cold Brew Latte - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	563	135	5.5	1	10.3	8.5	2.3	9.6	0.60	76.9
Cold Brew Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	445	106	4.7	3.3	11.7	6.4	4	2.5	0.32	38.7
Cold Brew Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	51.8
Cold Brew Latte - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	717	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	76.9
Cold Brew Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	355	86	4.7	3.9	6.8	5.9	3	2.5	0.44	38.7
Cold Brew Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	470	115	6.2	5.2	9.1	7.9	4	3.3	0.58	51.8
Cold Brew Latte - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	76.9
Nitro Cold Brew	Tall	Cold brew as brewed [arabica coffee]	115	28	1.7	0.3	0	0	1.7	2.1	0.43	62.6
Nitro Cold Brew	Grande	Cold brew as brewed [arabica coffee]	157	38	2.4	0.5	0	0	2.4	2.9	0.60	85.7
Nitro Cold Brew	Venti	Cold brew as brewed [arabica coffee]	221	54	3.3	0.7	0	0	3.3	4	0.84	120.4
Nitro Latte	Tall	Cold brew as brewed [arabica coffee], Vanilla Cream Foar	493	117	1.6	0.4	18.4	18.2	1.2	6.5	0.46	42.9
Nitro Latte	Grande	Cold brew as brewed [arabica coffee], Vanilla Cream Foar	522	124	2.1	0.5	18.4	18.2	1.6	7	0.57	58.6
Nitro Latte	Venti	Cold brew as brewed [arabica coffee], Vanilla Cream Foar	577	137	2.9	0.7	18.4	18.2	2.4	8	0.77	88.2
Nitro Cappuccino	Tall	Cold brew as brewed [arabica coffee], Skimmed milk [skir	193	46	1.4	0.3	3.6	3.6	1.2	4.1	0.38	42.9
Nitro Cappuccino	Grande	Cold brew as brewed [arabica coffee], Skimmed milk [skir	260	62	1.9	0.5	4.8	4.8	1.6	5.5	0.52	58.6
Nitro Cappuccino	Venti	Cold brew as brewed [arabica coffee], Skimmed milk [skir	360	86	2.8	0.7	6.3	6.3	2.4	7.5	0.75	88
Iced Americano	Tall	ice, water, Espresso shot - espresso roast as brewed [whole	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66.2
Iced Americano	Grande	ice, water, Espresso shot - espresso roast as brewed [whole	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99.2
Iced Americano	Venti	ice, water, Espresso shot - espresso roast as brewed [whole	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132.3
Iced Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Espresso sh	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte - whole milk	Tall	whole MILK , ice, Espresso shot - espresso roast as brewed	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte - whole milk	Grande	whole MILK , ice, Espresso shot - espresso roast as brewed	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte - whole milk	Venti	ice, whole MILK , Espresso shot - espresso roast as brewed	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2

Iced Latte - skimmed milk	Tall	skimmed MILK, ice, Espresso shot - espresso roast as brew	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte - skimmed milk	Grande	skimmed MILK, ice, Espresso shot - espresso roast as brew	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte - skimmed milk	Venti	ice, skimmed MILK, Espresso shot - espresso roast as brew	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66.2
Iced Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Iced Latte - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	334	81	3.6	0.3	8.5	7	1.1	2.8	0.24	99.2
Iced Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	352	83	3	0.4	9.8	5.9	0.8	3.9	0.32	66.2
Iced Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66.2
Iced Latte - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	506	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99.2
Iced Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	364	87	3.4	0.6	6.8	6	1.2	6.6	0.30	66.2
Iced Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2
Iced Latte - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99.2
Iced Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Iced Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Iced Latte - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Iced Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Iced Latte - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Classic Iced Cappuccino - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Classic Iced Cappuccino - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Classic Iced Cappuccino - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Espresso sh	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Classic Iced Cappuccino - whole milk	Tall	whole MILK, ice, Espresso shot - espresso roast as brewed	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Classic Iced Cappuccino - whole milk	Grande	whole MILK, ice, Espresso shot - espresso roast as brewed	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Classic Iced Cappuccino - whole milk	Venti	ice, whole MILK, Espresso shot - espresso roast as brewed	766	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Classic Iced Cappuccino - skimmed milk	Tall	skimmed MILK, ice, Espresso shot - espresso roast as brew	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Classic Iced Cappuccino - skimmed milk	Grande	skimmed MILK, ice, Espresso shot - espresso roast as brew	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Classic Iced Cappuccino - skimmed milk	Venti	ice, skimmed MILK, Espresso shot - espresso roast as brew	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Classic Iced Cappuccino - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66.2
Classic Iced Cappuccino - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Classic Iced Cappuccino - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	333	81	3.6	0.3	8.5	7	1.1	2.8	0.24	99.2
Classic Iced Cappuccino - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	352	83	3	0.4	9.8	5.9	0.8	3.9	0.32	66.2
Classic Iced Cappuccino - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66.2
Classic Iced Cappuccino - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	505	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99.2
Classic Iced Cappuccino - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	364	87	3.4	0.6	6.8	6	1.2	6.6	0.30	66.2
Classic Iced Cappuccino - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2
Classic Iced Cappuccino - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99.2
Classic Iced Cappuccino - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Classic Iced Cappuccino - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Classic Iced Cappuccino - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	677	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Classic Iced Cappuccino - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Classic Iced Cappuccino - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2
Classic Iced Cappuccino - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	537	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99.2
Iced Latte Macchiato - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66.2
Iced Latte Macchiato - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Espresso s	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66.2
Iced Latte Macchiato - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Espresso sh	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99.2
Iced Latte Macchiato - whole milk	Tall	whole MILK, ice, Espresso shot - espresso roast as brewed	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66.2
Iced Latte Macchiato - whole milk	Grande	whole MILK, ice, Espresso shot - espresso roast as brewed	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66.2
Iced Latte Macchiato - whole milk	Venti	ice, whole MILK, Espresso shot - espresso roast as brewed	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99.2
Iced Latte Macchiato - skimmed milk	Tall	skimmed MILK, ice, Espresso shot - espresso roast as brew	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66.2
Iced Latte Macchiato - skimmed milk	Grande	skimmed MILK, ice, Espresso shot - espresso roast as brew	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66.2
Iced Latte Macchiato - skimmed milk	Venti	ice, skimmed MILK, Espresso shot - espresso roast as brew	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99.2
Iced Latte Macchiato - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66.2
Iced Latte Macchiato - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66.2
Iced Latte Macchiato - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	334	81	3.6	0.3	8.5	7	1.1	2.8	0.24	99.2
Iced Latte Macchiato - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	352	83	3	0.4	9.8	5.9	0.8	3.9	0.32	66.2
Iced Latte Macchiato - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66.2
Iced Latte Macchiato - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	506	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99.2
Iced Latte Macchiato - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	364	87	3.4	0.6	6.8	6	1.2	6.6	0.30	66.2
Iced Latte Macchiato - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	447	107	4.2	0.8	8.3	7.5	1.4	8	0.37	66.2
Iced Latte Macchiato - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99.2
Iced Latte Macchiato - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66.2
Iced Latte Macchiato - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	583	139	6	4.4	15.7	8.9	5	3.2	0.32	66.2
Iced Latte Macchiato - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	678	162	6.9	5	18.2	10.1	5.8	4	0.38	99.2
Iced Latte Macchiato - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66.2
Iced Latte Macchiato - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66.2

Iced Latte Macchiato - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99.2
Iced Caramel Macchiato - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Caramel d	652	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66.2
Iced Caramel Macchiato - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Caramel d	815	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66.2
Iced Caramel Macchiato - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Caramel dri	967	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - whole milk	Tall	whole MILK, ice, Caramel drizzle [sugar, dextrose, glucos	774	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66.2
Iced Caramel Macchiato - whole milk	Grande	whole MILK, ice, Caramel drizzle [sugar, dextrose, glucos	969	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66.2
Iced Caramel Macchiato - whole milk	Venti	ice, whole MILK, Caramel drizzle [sugar, dextrose, glucos	1142	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99.2
Iced Caramel Macchiato - skimmed milk	Tall	skimmed MILK, ice, Caramel drizzle [sugar, dextrose, gluc	561	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66.2
Iced Caramel Macchiato - skimmed milk	Grande	skimmed MILK, ice, Caramel drizzle [sugar, dextrose, gluc	700	166	1.9	1	27.8	26.4	0.2	9.1	0.34	66.2
Iced Caramel Macchiato - skimmed milk	Venti	ice, skimmed MILK, Caramel drizzle [sugar, dextrose, gluc	837	198	2.1	1	33.8	31.9	0.3	10.6	0.40	99.2
Iced Caramel Macchiato - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	471	113	3.5	0.9	17.8	16.3	0.8	2	0.20	66.2
Iced Caramel Macchiato - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	588	140	4.1	0.9	23	21.4	0.9	2.2	0.23	66.2
Iced Caramel Macchiato - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	709	169	4.6	1	28.3	26.1	1.1	2.9	0.27	99.2
Iced Caramel Macchiato - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	592	140	4	1.1	21.6	17.3	0.8	4	0.35	66.2
Iced Caramel Macchiato - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	739	175	4.8	1.2	27.9	22.7	0.9	4.8	0.42	66.2
Iced Caramel Macchiato - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	881	209	5.4	1.2	33.9	27.7	1.1	5.8	0.49	99.2
Iced Caramel Macchiato - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	605	144	4.4	1.2	18.7	17.3	1.2	6.7	0.33	66.2
Iced Caramel Macchiato - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	755	180	5.3	1.4	24.2	22.7	1.4	8.1	0.40	66.2
Iced Caramel Macchiato - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	899	214	5.9	1.5	29.6	27.7	1.7	9.6	0.47	99.2
Iced Caramel Macchiato - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	712	169	5.8	4.1	24.5	18.4	4.1	2.9	0.30	66.2
Iced Caramel Macchiato - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	891	212	7	5	31.5	24.1	5	3.3	0.35	66.2
Iced Caramel Macchiato - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1053	250	7.9	5.7	38	29.3	5.8	4.1	0.42	99.2
Iced Caramel Macchiato - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	614	147	5.8	4.9	19.2	17.9	3	2.9	0.43	66.2
Iced Caramel Macchiato - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	767	184	7	6	24.9	23.4	3.7	3.3	0.52	66.2
Iced Caramel Macchiato - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	912	219	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99.2
Iced Cappuccino with Cold Foam	Tall	Skimmed milk [skimmed MILK], ice, Espresso shot - espre	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66.2
Iced Cappuccino with Cold Foam	Grande	ice, Skimmed milk [skimmed MILK], Simple syrup [sugar, w	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66.2
Iced Cappuccino with Cold Foam	Venti	ice, Skimmed milk [skimmed MILK], Simple syrup [sugar, w	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99.2
Iced Mocha - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Reduced f	1183	283	13.2	10	28.8	26.8	2.4	11	0.28	66.2
Iced Mocha - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Reduced f	1549	370	17.8	13.5	37.2	34.8	3.1	13.8	0.34	66.2
Iced Mocha - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1766	422	19	14.4	44.4	41.3	3.9	16.4	0.40	99.2
Iced Mocha - whole milk	Tall	whole MILK, ice, Reduced fat whipped cream [cream 34%	1306	312	16.6	11.1	28.6	26.6	2.4	10.8	0.27	66.2
Iced Mocha - whole milk	Grande	whole MILK, ice, Reduced fat whipped cream [cream 34%	1703	407	22.1	14.8	36.9	34.6	3.1	13.6	0.33	66.2
Iced Mocha - whole milk	Venti	ice, whole MILK, Reduced fat whipped cream [cream 34%	1941	463	23.9	15.9	44.2	41	3.9	16.1	0.40	99.2
Iced Mocha - skimmed milk	Tall	skimmed MILK, ice, Reduced fat whipped cream [cream 3%	1092	261	10.6	7.2	29	27	2.4	11	0.28	66.2
Iced Mocha - skimmed milk	Grande	skimmed MILK, ice, Reduced fat whipped cream [cream 3%	1434	342	14.5	9.9	37.4	35	3.1	13.8	0.34	66.2
Iced Mocha - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1636	390	15.3	10.3	44.7	41.5	3.9	16.4	0.41	99.2
Iced Mocha - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1003	241	12.4	7.1	25.2	23	3	5.6	0.19	66.2
Iced Mocha - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1321	317	16.7	9.8	32.6	30	3.8	7	0.23	66.2
Iced Mocha - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1508	362	17.8	10.2	39.2	35.8	4.7	8.6	0.28	99.2
Iced Mocha - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1123	268	12.9	7.3	29	24	3	7.6	0.34	66.2
Iced Mocha - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1473	351	17.4	10.1	37.5	31.3	3.8	9.6	0.42	66.2
Iced Mocha - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1680	401	18.6	10.5	44.7	37.3	4.7	11.5	0.49	99.2
Iced Mocha - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1136	272	13.3	7.5	26.1	24	3.4	10.3	0.33	66.2
Iced Mocha - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1489	356	17.9	10.3	33.7	31.3	4.3	12.9	0.40	66.2
Iced Mocha - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1699	406	19.1	10.8	40.5	37.3	5.3	15.3	0.47	99.2
Iced Mocha - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1244	297	14.6	10.4	31.9	25.1	6.3	6.4	0.29	66.2
Iced Mocha - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1624	388	19.6	13.9	41.1	32.7	7.9	8.1	0.36	66.2
Iced Mocha - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1852	442	21.1	14.9	48.9	38.9	9.4	9.9	0.42	99.2
Iced Mocha - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1145	275	14.6	11.1	26.6	24.6	5.2	6.4	0.42	66.2
Iced Mocha - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1500	361	19.6	14.9	34.4	32	6.5	8.1	0.52	66.2
Iced Mocha - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1712	411	21.1	16	41.3	38.1	7.8	9.9	0.61	99.2
Iced White Mocha - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Reduced f	1410	336	15.1	12	39.3	38.4	0.2	10.7	0.45	66.2
Iced White Mocha - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Reduced f	1861	444	20.4	16.2	51.5	50.7	0.2	13.5	0.56	66.2
Iced White Mocha - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	2165	516	22.3	17.7	62.7	61.4	0.3	16	0.68	99.2
Iced White Mocha - whole milk	Tall	whole MILK, ice, Reduced fat whipped cream [cream 34%	1532	366	18.6	13.1	39.1	38.2	0.2	10.5	0.44	66.2
Iced White Mocha - whole milk	Grande	whole MILK, ice, Reduced fat whipped cream [cream 34%	2015	481	24.8	17.5	50.3	50.4	0.2	13.3	0.56	66.2
Iced White Mocha - whole milk	Venti	ice, whole MILK, Reduced fat whipped cream [cream 34%	2339	558	27.3	19.3	62.4	61.1	0.3	15.8	0.67	99.2
Iced White Mocha - skimmed milk	Tall	skimmed MILK, ice, Reduced fat whipped cream [cream 3%	1319	314	12.6	9.1	39.4	38.6	0.2	10.7	0.45	66.2
Iced White Mocha - skimmed milk	Grande	skimmed MILK, ice, Reduced fat whipped cream [cream 3%	1746	417	17.2	12.5	51.7	50.9	0.2	13.5	0.57	66.2
Iced White Mocha - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	2034	485	18.6	13.6	62.9	61.6	0.3	16	0.69	99.2
Iced White Mocha - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1230	294	14.3	9.1	35.6	34.6	0.8	5.3	0.36	66.2
Iced White Mocha - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1634	391	19.4	12.5	46.9	45.8	0.9	6.7	0.45	66.2
Iced White Mocha - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1906	456	21.1	13.6	57.4	55.9	1.1	8.2	0.56	99.2
Iced White Mocha - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1350	322	14.8	9.3	39.5	35.6	0.8	7.3	0.51	66.2

Iced White Mocha - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1785	426	20	12.7	51.8	47.2	0.9	9.2	0.64	66.2
Iced White Mocha - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	2079	495	21.9	13.9	63	57.4	1.1	11.2	0.77	99.2
Iced White Mocha - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1363	325	15.2	9.5	36.5	35.6	1.2	10	0.50	66.2
Iced White Mocha - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1801	430	20.5	13	48	47.2	1.4	12.6	0.62	66.2
Iced White Mocha - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	2097	500	22.4	14.1	58.7	57.4	1.7	15	0.75	99.2
Iced White Mocha - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1470	351	16.6	12.4	42.4	36.8	4.1	6.1	0.46	66.2
Iced White Mocha - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1937	462	22.2	16.6	55.4	48.6	5	7.8	0.58	66.2
Iced White Mocha - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	2251	537	24.4	18.3	67.1	59	5.8	9.5	0.70	99.2
Iced White Mocha - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1372	329	16.6	13.1	37.1	36.2	3	6.1	0.59	66.2
Iced White Mocha - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1813	435	22.2	17.5	48.8	47.9	3.7	7.8	0.75	66.2
Iced White Mocha - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	2110	506	24.4	19.3	59.5	58.2	4.3	9.5	0.89	99.2
Starbucks Doubleshot™ Iced Coffee	Mini	ice, Half and Half Cream Mix [whole MILK , whipping crean	370	89	8.2	5	2.3	1.5	0.2	1.6	0.09	66.2
Starbucks Doubleshot™ Vanilla Iced Coffee	Mini	ice, Half and Half Cream Mix [whole MILK , whipping crean	445	107	8.2	5	6.8	5.8	0.2	1.6	0.09	66.2

Hot Chocolates

Classic Hot Chocolate - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	720	172	8.1	6.2	18	17.2	1.5	6	0.12	0
Classic Hot Chocolate - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0
Classic Hot Chocolate - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0
Classic Hot Chocolate - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0
Classic Hot Chocolate - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MII	786	188	10	6.7	17.9	17.1	1.5	5.9	0.12	0
Classic Hot Chocolate - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MII	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0
Classic Hot Chocolate - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MII	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0
Classic Hot Chocolate - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MII	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0
Classic Hot Chocolate - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	670	160	6.7	4.6	18.1	17.3	1.5	6	0.13	0
Classic Hot Chocolate - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0
Classic Hot Chocolate - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0
Classic Hot Chocolate - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0
Classic Hot Chocolate - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	622	149	7.7	4.6	16	15.1	1.8	3.1	0.08	0
Classic Hot Chocolate - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	900	216	10.5	5.7	24.3	22.9	2.8	4.6	0.14	0
Classic Hot Chocolate - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1115	267	12.5	6.8	30.9	29.1	3.6	5.8	0.17	0
Classic Hot Chocolate - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1343	322	14.2	7.2	38.7	36.5	4.6	7.3	0.23	0
Classic Hot Chocolate - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	687	164	7.9	4.7	18.1	15.7	1.8	4.2	0.16	0
Classic Hot Chocolate - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1033	246	11	5.9	28.6	24.1	2.8	6.9	0.31	0
Classic Hot Chocolate - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1273	303	13.2	7.1	36	30.5	3.6	8.5	0.37	0
Classic Hot Chocolate - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1563	372	15.2	7.6	45.7	38.4	4.6	11	0.50	0
Classic Hot Chocolate - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	694	166	8.2	4.8	16.5	15.7	2.1	5.6	0.15	0
Classic Hot Chocolate - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1047	250	11.5	6.1	25.3	24.1	3.3	9.8	0.29	0
Classic Hot Chocolate - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1290	308	13.7	7.3	32.1	30.6	4.1	12	0.35	0
Classic Hot Chocolate - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1586	378	15.9	7.9	40.3	38.4	5.3	15.8	0.48	0
Classic Hot Chocolate - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	753	180	8.9	6.4	19.7	16.3	3.6	3.5	0.13	0
Classic Hot Chocolate - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1165	278	13	9.3	31.7	25.3	6.4	5.6	0.25	0
Classic Hot Chocolate - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1432	342	15.5	11.1	39.8	32	7.9	7	0.30	0
Classic Hot Chocolate - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1782	425	18.4	13.2	51	40.5	10.6	8.9	0.41	0
Classic Hot Chocolate - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	699	168	8.9	6.8	16.8	16	3	3.5	0.20	0
Classic Hot Chocolate - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0
Classic Hot Chocolate - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0
Classic Hot Chocolate - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0
Hot White Chocolate - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	857	204	9.3	7.4	24.4	24.4	0	5.7	0.23	0
Hot White Chocolate - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1322	315	13.3	10.9	38.6	38.6	0	10.3	0.40	0
Hot White Chocolate - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1661	396	16.2	13.3	49.9	49.9	0	12.7	0.51	0
Hot White Chocolate - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	2067	492	19	15.9	63.4	63.4	0	16.8	0.66	0
Hot White Chocolate - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MII	924	220	11.2	8	24.3	24.3	0	5.6	0.23	0
Hot White Chocolate - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MII	1457	347	17.1	12.1	38.4	38.4	0	10.1	0.40	0
Hot White Chocolate - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MII	1822	434	20.7	14.7	49.7	49.7	0	12.4	0.50	0
Hot White Chocolate - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MII	2290	545	25.3	17.9	63.1	63.1	0	16.5	0.66	0
Hot White Chocolate - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	807	193	7.9	5.9	24.5	24.5	0	5.7	0.24	0
Hot White Chocolate - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1222	291	10.5	7.7	38.8	38.8	0	10.3	0.41	0
Hot White Chocolate - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1541	367	12.8	9.5	50.1	50.1	0	12.7	0.51	0
Hot White Chocolate - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1900	452	14.4	10.7	63.8	63.8	0	16.8	0.67	0
Hot White Chocolate - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	759	182	8.9	5.9	22.4	22.3	0.3	2.7	0.19	0
Hot White Chocolate - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1123	269	12.4	7.7	34.6	34.4	0.6	4.3	0.31	0
Hot White Chocolate - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1424	340	15.1	9.5	45.1	44.9	0.7	5.5	0.39	0
Hot White Chocolate - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1738	415	17.5	10.6	56.8	56.4	1	6.9	0.51	0
Hot White Chocolate - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	824	196	9.2	6	24.5	22.9	0.3	3.9	0.27	0
Hot White Chocolate - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1256	299	13	7.9	38.9	35.6	0.6	6.5	0.47	0

Hot White Chocolate - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1582	376	15.8	9.7	50.2	46.2	0.7	8.2	0.59	0
Hot White Chocolate - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1957	465	18.5	10.9	63.8	58.4	1	10.6	0.78	0
Hot White Chocolate - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	831	198	9.4	6.1	22.9	22.9	0.5	5.3	0.26	0
Hot White Chocolate - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1270	303	13.4	8.1	35.6	35.6	1	9.4	0.46	0
Hot White Chocolate - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1599	381	16.3	10	46.3	46.3	1.2	11.7	0.57	0
Hot White Chocolate - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1980	472	19.2	11.3	58.4	58.4	1.7	15.5	0.76	0
Hot White Chocolate - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	890	212	10.1	7.6	26.1	23.5	2.1	3.2	0.24	0
Hot White Chocolate - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1388	331	14.9	11.3	42	36.8	4.2	5.2	0.42	0
Hot White Chocolate - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1740	415	18.1	13.8	54	47.7	5	6.6	0.52	0
Hot White Chocolate - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2176	519	21.7	16.6	69.1	60.4	7	8.5	0.69	0
Hot White Chocolate - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	836	200	10.1	8	23.2	23.2	1.5	3.2	0.31	0
Hot White Chocolate - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1280	307	14.9	12.1	36.2	36.2	3	5.2	0.56	0
Hot White Chocolate - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1611	386	18.1	14.7	47	47	3.6	6.6	0.70	0
Hot White Chocolate - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	1997	479	21.7	17.9	59.4	59.4	5	8.5	0.93	0
Signature Hot Chocolate - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	850	203	9.6	7.5	19.9	19	2.5	7.8	0.19	13.6
Signature Hot Chocolate - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20.4
Signature Hot Chocolate - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27.2
Signature Hot Chocolate - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34
Signature Hot Chocolate - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MI	957	228	12.7	8.5	19.7	18.8	2.5	7.6	0.19	13.6
Signature Hot Chocolate - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MI	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20.4
Signature Hot Chocolate - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MI	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27.2
Signature Hot Chocolate - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MI	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34
Signature Hot Chocolate - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	770	184	7.4	5	20	19.1	2.5	7.8	0.19	13.6
Signature Hot Chocolate - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20.4
Signature Hot Chocolate - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27.2
Signature Hot Chocolate - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34
Signature Hot Chocolate - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	692	166	8.9	5	16.7	15.6	3	3	0.11	13.6
Signature Hot Chocolate - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	980	235	12	6.3	24.7	23	4.4	4.4	0.18	20.4
Signature Hot Chocolate - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1238	297	14.8	7.6	31.9	29.8	5.8	5.7	0.23	27.2
Signature Hot Chocolate - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1474	354	16.8	8.2	39.3	36.7	7.3	7	0.29	34
Signature Hot Chocolate - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	797	190	9.4	5.1	20.1	16.5	3	4.8	0.25	13.6
Signature Hot Chocolate - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1154	275	12.8	6.6	30.3	24.6	4.4	7.4	0.40	20.4
Signature Hot Chocolate - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1463	349	15.8	7.9	39.1	31.7	5.8	9.5	0.51	27.2
Signature Hot Chocolate - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1760	419	18.1	8.6	48.5	39.2	7.3	11.8	0.65	34
Signature Hot Chocolate - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	808	193	9.7	5.3	17.5	16.5	3.3	7.1	0.23	13.6
Signature Hot Chocolate - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1172	280	13.4	6.8	26	24.6	5	11.2	0.38	20.4
Signature Hot Chocolate - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1487	355	16.5	8.3	33.6	31.8	6.6	14.4	0.49	27.2
Signature Hot Chocolate - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1790	428	19	9.1	41.4	39.2	8.2	18.1	0.62	34
Signature Hot Chocolate - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	903	216	10.9	7.8	22.6	17.5	5.8	3.8	0.20	13.6
Signature Hot Chocolate - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1328	317	15.3	11	34.4	26.2	9.2	5.7	0.33	20.4
Signature Hot Chocolate - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1688	403	19.1	13.7	44.5	33.8	11.9	7.3	0.42	27.2
Signature Hot Chocolate - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2046	488	22.2	16	55.3	41.9	15	9	0.53	34
Signature Hot Chocolate - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	816	197	10.9	8.5	18	17	4.9	3.8	0.32	13.6
Signature Hot Chocolate - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20.4
Signature Hot Chocolate - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27.2
Signature Hot Chocolate - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34
Signature Caramel Hot Chocolate - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1046	249	10.2	7.9	30.4	29.3	2.3	7.6	0.21	13.6
Signature Caramel Hot Chocolate - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1513	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20.4
Signature Caramel Hot Chocolate - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1923	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	2327	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MI	1153	275	13.3	8.8	30.2	29.1	2.3	7.4	0.21	13.6
Signature Caramel Hot Chocolate - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MI	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20.4
Signature Caramel Hot Chocolate - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MI	2151	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27.2
Signature Caramel Hot Chocolate - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MI	2617	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (l	966	230	8	5.4	30.5	29.4	2.3	7.6	0.22	13.6
Signature Caramel Hot Chocolate - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20.4
Signature Caramel Hot Chocolate - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (l	1753	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27.2
Signature Caramel Hot Chocolate - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (l	2110	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	888	213	9.5	5.3	27.2	25.9	2.8	2.8	0.14	13.6
Signature Caramel Hot Chocolate - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1252	300	12.6	6.6	39.6	37.8	4.3	4.2	0.20	20.4
Signature Caramel Hot Chocolate - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1586	379	15.4	7.9	51.3	49	5.7	5.5	0.25	27.2
Signature Caramel Hot Chocolate - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1897	454	17.4	8.5	63.2	60.3	7.1	6.8	0.31	34
Signature Caramel Hot Chocolate - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	993	237	10	5.5	30.6	26.9	2.8	4.6	0.27	13.6
Signature Caramel Hot Chocolate - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1426	339	13.4	6.9	45.2	39.4	4.3	7.2	0.42	20.4
Signature Caramel Hot Chocolate - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1811	431	16.4	8.3	58.5	51	5.7	9.3	0.54	27.2

Signature Caramel Hot Chocolate - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	2183	519	18.6	9	72.4	62.9	7.1	11.7	0.67	34
Signature Caramel Hot Chocolate - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1005	240	10.3	5.7	28	26.9	3.1	6.9	0.26	13.6
Signature Caramel Hot Chocolate - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1444	344	13.9	7.2	40.9	39.4	4.8	11	0.40	20.4
Signature Caramel Hot Chocolate - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1835	437	17.1	8.6	53	51	6.4	14.3	0.51	27.2
Signature Caramel Hot Chocolate - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	2214	527	19.6	9.4	65.3	62.9	8	17.9	0.64	34
Signature Caramel Hot Chocolate - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1099	262	11.5	8.2	33.1	27.8	5.7	3.6	0.22	13.6
Signature Caramel Hot Chocolate - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1600	381	15.9	11.4	49.4	41	9	5.5	0.35	20.4
Signature Caramel Hot Chocolate - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2036	485	19.6	14.1	63.9	53.1	11.8	7.1	0.44	27.2
Signature Caramel Hot Chocolate - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2470	588	22.8	16.3	79.2	65.5	14.9	8.9	0.55	34
Signature Caramel Hot Chocolate - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	1013	243	11.5	8.8	28.5	27.4	4.7	3.6	0.34	13.6
Signature Caramel Hot Chocolate - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1458	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20.4
Signature Caramel Hot Chocolate - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27.2
Signature Caramel Hot Chocolate - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Reduced fat w	994	237	9.6	7.5	28.3	27.2	2.5	7.8	0.19	13.6
Signature Hazelnut Hot Chocolate - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1457	347	13.2	10.5	42.6	40.9	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Reduced fat w	1863	443	16.3	13	55.6	53.3	4.8	15.8	0.39	27.2
Signature Hazelnut Hot Chocolate - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Reduced fat w	2263	538	18.8	15.1	69.1	66.3	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate - whole milk	Short	whole MILK , Reduced fat whipped cream [cream 34% (MILK)	1101	262	12.7	8.5	28.2	27	2.5	7.6	0.19	13.6
Signature Hazelnut Hot Chocolate - whole milk	Tall	whole MILK , Reduced fat whipped cream [cream 34% (MILK)	1634	389	18.2	12.1	42.4	40.6	3.6	12	0.30	20.4
Signature Hazelnut Hot Chocolate - whole milk	Grande	whole MILK , Reduced fat whipped cream [cream 34% (MILK)	2091	498	22.8	15	55.3	53	4.8	15.5	0.38	27.2
Signature Hazelnut Hot Chocolate - whole milk	Venti	whole MILK , Reduced fat whipped cream [cream 34% (MILK)	2553	608	27	17.7	68.7	65.8	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate - skimmed milk	Short	skimmed MILK , Reduced fat whipped cream [cream 34% (MILK)	914	218	7.4	5	28.5	27.3	2.5	7.8	0.19	13.6
Signature Hazelnut Hot Chocolate - skimmed milk	Tall	skimmed MILK , Reduced fat whipped cream [cream 34% (MILK)	1325	315	9.5	6.3	42.9	41.2	3.6	12.3	0.31	20.4
Signature Hazelnut Hot Chocolate - skimmed milk	Grande	skimmed MILK , Reduced fat whipped cream [cream 34% (MILK)	1693	403	11.6	7.7	56	53.7	4.8	15.8	0.40	27.2
Signature Hazelnut Hot Chocolate - skimmed milk	Venti	skimmed MILK , Reduced fat whipped cream [cream 34% (MILK)	2046	486	12.7	8.3	69.6	66.7	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	836	200	8.9	5	25.2	23.8	3	3	0.11	13.6
Signature Hazelnut Hot Chocolate - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	1195	286	12	6.3	37.4	35.4	4.4	4.4	0.18	20.4
Signature Hazelnut Hot Chocolate - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	1526	365	14.8	7.6	48.8	46.2	5.8	5.7	0.23	27.2
Signature Hazelnut Hot Chocolate - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	1833	438	16.8	8.2	60.4	57.2	7.3	7	0.29	34
Signature Hazelnut Hot Chocolate - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	941	224	9.4	5.1	28.5	24.7	3	4.8	0.25	13.6
Signature Hazelnut Hot Chocolate - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1370	326	12.8	6.6	43	36.9	4.4	7.4	0.40	20.4
Signature Hazelnut Hot Chocolate - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	1751	416	15.8	7.9	56	48.1	5.8	9.5	0.51	27.2
Signature Hazelnut Hot Chocolate - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	2119	503	18.1	8.6	69.6	59.7	7.3	11.8	0.65	34
Signature Hazelnut Hot Chocolate - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	952	227	9.7	5.3	25.9	24.7	3.3	7.1	0.23	13.6
Signature Hazelnut Hot Chocolate - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1388	331	13.4	6.8	38.6	36.9	5	11.2	0.38	20.4
Signature Hazelnut Hot Chocolate - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1775	423	16.5	8.3	50.5	48.2	6.6	14.4	0.49	27.2
Signature Hazelnut Hot Chocolate - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	2150	512	19	9.1	62.6	59.7	8.2	18.1	0.62	34
Signature Hazelnut Hot Chocolate - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1046	250	10.9	7.8	31.1	25.7	5.8	3.8	0.20	13.6
Signature Hazelnut Hot Chocolate - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1544	368	15.3	11	47.1	38.5	9.2	5.7	0.33	20.4
Signature Hazelnut Hot Chocolate - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	1976	471	19.1	13.7	61.4	50.3	11.9	7.3	0.42	27.2
Signature Hazelnut Hot Chocolate - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	2406	573	22.2	16	76.5	62.4	15	9	0.53	34
Signature Hazelnut Hot Chocolate - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	960	230	10.9	8.5	26.4	25.2	4.9	3.8	0.32	13.6
Signature Hazelnut Hot Chocolate - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	1401	336	15.3	12.1	39.5	37.7	7.6	5.7	0.52	20.4
Signature Hazelnut Hot Chocolate - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	1792	430	19.1	15	51.5	49.2	9.9	7.3	0.67	27.2
Signature Hazelnut Hot Chocolate - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	2171	521	22.2	17.7	63.9	61.1	12.4	9	0.84	34
Iced Chocolate - semi skimmed milk	Tall	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1047	250	12.2	9.2	25.6	24.5	2.2	8.4	0.17	0
Iced Chocolate - semi skimmed milk	Grande	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0
Iced Chocolate - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0
Iced Chocolate - whole milk	Tall	ice, whole MILK , Reduced fat whipped cream [cream 34%	1138	272	14.8	10	25.5	24.3	2.2	8.3	0.17	0
Iced Chocolate - whole milk	Grande	ice, whole MILK , Reduced fat whipped cream [cream 34%	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0
Iced Chocolate - whole milk	Venti	ice, whole MILK , Reduced fat whipped cream [cream 34%	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0
Iced Chocolate - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 34%	979	234	10.3	7.1	25.8	24.6	2.2	8.4	0.18	0
Iced Chocolate - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 34%	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0
Iced Chocolate - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 34%	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0
Iced Chocolate - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	912	219	11.6	7	22.9	21.6	2.6	4.4	0.11	0
Iced Chocolate - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1215	291	15.7	9.7	29.9	28.2	3.4	5.7	0.14	0
Iced Chocolate - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1410	338	17.1	10.1	36.9	34.7	4.3	7	0.17	0
Iced Chocolate - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%)	1002	239	12	7.2	25.8	22.4	2.6	5.9	0.22	0
Iced Chocolate - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%)	1326	317	16.2	9.9	33.5	29.2	3.4	7.6	0.27	0
Iced Chocolate - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%)	1560	372	17.7	10.4	41.7	36.1	4.3	9.6	0.36	0
Iced Chocolate - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1012	242	12.2	7.3	23.6	22.4	2.9	7.9	0.21	0
Iced Chocolate - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1337	320	16.6	10.1	30.8	29.2	3.8	10.1	0.26	0
Iced Chocolate - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)	1576	377	18.2	10.6	38	36.1	4.7	12.9	0.35	0
Iced Chocolate - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1092	261	13.3	9.5	28	23.3	5.1	5	0.18	0
Iced Chocolate - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1437	343	17.8	12.7	36.2	30.3	6.4	6.5	0.23	0

Iced Chocolate - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1711	409	19.9	14.2	45.3	37.5	8.4	8.1	0.30	0
Iced Chocolate - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1018	245	13.3	10	24	22.8	4.2	5	0.28	0
Iced Chocolate - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0
Iced Chocolate - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0
Iced White Chocolate - semi skimmed milk	Tall	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1274	304	14.1	11.2	36.1	36.1	0	8.1	0.34	0
Iced White Chocolate - semi skimmed milk	Grande	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	1694	404	19.1	15.1	47.6	47.6	0	10.4	0.44	0
Iced White Chocolate - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Reduced fat	2034	485	21.4	17.1	59.6	59.6	0	13.5	0.56	0
Iced White Chocolate - whole milk	Tall	ice, whole MILK , Reduced fat whipped cream [cream 34%	1365	326	16.7	12	36	36	0	8	0.34	0
Iced White Chocolate - whole milk	Grande	ice, whole MILK , Reduced fat whipped cream [cream 34%	1806	431	22.3	16.1	47.5	47.5	0	10.3	0.43	0
Iced White Chocolate - whole milk	Venti	ice, whole MILK , Reduced fat whipped cream [cream 34%	2187	522	25.7	18.5	59.4	59.4	0	13.2	0.56	0
Iced White Chocolate - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 34	1206	288	12.2	9	36.2	36.2	0	8.1	0.34	0
Iced White Chocolate - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 34	1610	384	16.8	12.4	47.8	47.8	0	10.4	0.44	0
Iced White Chocolate - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 34	1920	458	18.2	13.5	59.9	59.9	0	13.5	0.57	0
Iced White Chocolate - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1139	273	13.5	9	33.4	33.2	0.4	4.1	0.27	0
Iced White Chocolate - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1527	366	18.4	12.4	44.3	44.1	0.5	5.4	0.36	0
Iced White Chocolate - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1808	432	20.4	13.5	55.1	54.8	0.7	6.7	0.45	0
Iced White Chocolate - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1229	293	13.9	9.2	36.3	34	0.4	5.6	0.39	0
Iced White Chocolate - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1638	391	18.9	12.6	47.8	45.1	0.5	7.3	0.50	0
Iced White Chocolate - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1959	467	21	13.7	59.9	56.2	0.7	9.2	0.64	0
Iced White Chocolate - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1238	296	14.2	9.3	34	34	0.7	7.6	0.38	0
Iced White Chocolate - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1650	394	19.2	12.7	45.1	45.1	0.9	9.7	0.49	0
Iced White Chocolate - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1975	471	21.5	13.9	56.2	56.2	1.2	12.5	0.62	0
Iced White Chocolate - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1319	315	15.2	11.5	38.4	34.9	2.9	4.7	0.35	0
Iced White Chocolate - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1749	418	20.5	15.4	50.5	46.1	3.5	6.2	0.45	0
Iced White Chocolate - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	2109	503	23.2	17.6	63.5	57.6	4.8	7.8	0.58	0
Iced White Chocolate - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1245	298	15.2	12	34.5	34.5	2	4.7	0.45	0
Iced White Chocolate - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1658	397	20.5	16.1	45.6	45.6	2.5	6.2	0.57	0
Iced White Chocolate - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1986	476	23.2	18.5	56.9	56.9	3.4	7.8	0.74	0

Frappuccino®

Coffee Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK , Reduced fat whipped cream [cre	603	144	7.4	5.5	16.9	16.4	0.1	2.5	0.27	15
Coffee Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK , Reduced fat whipped cream [cre	851	203	9.5	7.1	25.7	24.9	0.1	4.7	0.41	23.3
Coffee Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1167	278	13	9.7	35.5	34.5	0.2	3.7	0.57	32.9
Coffee Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1318	314	13.2	9.9	43.4	42.1	0.2	5.2	0.69	41.7
Coffee Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	637	152	8.3	5.8	16.9	16.4	0.1	2.4	0.27	15
Coffee Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	905	216	11	7.6	25.6	24.8	0.1	3.6	0.41	23.3
Coffee Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1232	294	14.9	10.3	35.4	34.4	0.2	4.6	0.57	32.9
Coffee Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1389	331	15.3	10.5	43.3	42	0.2	5.1	0.69	41.7
Coffee Frappuccino® - skimmed milk	Mini	ice, skimmed MILK , Reduced fat whipped cream [cream 34	577	138	6.6	4.7	17	16.5	0.1	2.5	0.27	15
Coffee Frappuccino® - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 34	812	193	8.4	5.9	25.7	25	0.1	3.7	0.42	23.3
Coffee Frappuccino® - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 34	1119	267	11.7	8.2	35.6	34.6	0.2	4.7	0.57	32.9
Coffee Frappuccino® - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 34	1265	301	11.7	8.2	43.6	42.2	0.2	5.2	0.70	41.7
Coffee Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	552	132	7.1	4.7	15.9	15.3	0.2	1	0.25	15
Coffee Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	772	185	9.1	5.9	24.1	23.2	0.4	1.3	0.38	23.3
Coffee Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1071	256	12.6	8.2	33.6	32.4	0.5	1.8	0.52	32.9
Coffee Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1213	289	12.8	8.2	41.3	39.9	0.6	2	0.64	41.7
Coffee Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	586	140	7.3	4.7	17	15.6	0.2	1.5	0.29	15
Coffee Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	825	197	9.4	5.9	25.8	23.7	0.4	2.2	0.44	23.3
Coffee Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1135	271	12.9	8.3	35.6	33	0.5	2.9	0.60	32.9
Coffee Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1283	305	13.1	8.3	43.6	40.5	0.6	3.2	0.73	41.7
Coffee Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	589	141	7.4	4.8	16.1	15.7	0.3	2.3	0.28	15
Coffee Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	831	198	9.5	6	24.5	23.7	0.5	3.4	0.44	23.3
Coffee Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1142	273	13.1	8.4	34.1	33	0.7	4.3	0.59	32.9
Coffee Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1290	308	13.3	8.4	41.8	40.5	0.8	4.7	0.72	41.7
Coffee Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	620	148	7.8	5.6	17.8	16	1.2	1.2	0.27	15
Coffee Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	878	209	10.1	7.3	27	24.2	1.8	1.7	0.42	23.3
Coffee Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1199	286	13.8	9.9	37.2	33.6	2.2	2.3	0.57	32.9
Coffee Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1353	322	14.1	10.1	45.3	41.1	2.5	2.5	0.70	41.7
Coffee Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	592	142	7.8	5.8	16.3	15.8	0.9	1.2	0.31	15
Coffee Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	835	200	10.1	7.6	24.7	24	1.3	1.7	0.48	23.3
Coffee Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1147	275	13.8	10.3	34.4	33.3	1.6	2.3	0.65	32.9
Coffee Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1296	310	14.1	10.5	42.2	40.8	1.8	2.5	0.78	41.7
Caramel Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK , Reduced fat whipped cream [cre	729	174	8.1	5.9	22.7	22	0.1	2.5	0.29	15
Caramel Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1006	240	10.2	7.6	33.1	32.1	0.1	3.8	0.44	23.3
Caramel Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1355	323	13.7	10.2	44.9	43.6	0.2	4.8	0.59	32.9

Caramel Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1535	365	14	10.4	54.6	53	0.2	5.2	0.72	41.7
Caramel Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	764	182	9.1	6.2	22.7	22	0.1	2.5	0.29	15
Caramel Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1059	252	11.7	8.1	33	32.1	0.1	3.7	0.43	23.3
Caramel Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1419	338	15.6	10.8	44.8	43.5	0.2	4.7	0.59	32.9
Caramel Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1607	382	16	11	54.5	52.9	0.2	5.1	0.71	41.7
Caramel Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	703	168	7.4	5.1	22.8	22.1	0.1	2.5	0.29	15
Caramel Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	966	230	9.1	6.3	33.2	32.2	0.1	3.8	0.44	23.3
Caramel Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1306	311	12.4	8.7	45	43.7	0.2	4.8	0.59	32.9
Caramel Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1482	353	12.5	8.7	54.7	53.1	0.2	5.2	0.72	41.7
Caramel Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	678	162	7.8	5.1	21.7	20.9	0.2	1	0.27	15
Caramel Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	927	221	9.8	6.3	31.5	30.5	0.4	1.4	0.40	23.3
Caramel Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1259	300	13.3	8.6	43	41.6	0.5	1.9	0.54	32.9
Caramel Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1430	341	13.5	8.7	52.5	50.8	0.6	2.1	0.67	41.7
Caramel Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	712	170	8	5.2	22.8	21.2	0.2	1.6	0.31	15
Caramel Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	980	233	10.1	6.4	33.2	30.9	0.4	2.3	0.46	23.3
Caramel Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1323	315	13.6	8.7	45	42.1	0.5	3	0.62	32.9
Caramel Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1500	357	13.8	8.8	54.7	51.4	0.6	3.3	0.75	41.7
Caramel Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	716	171	8.1	5.2	21.9	21.2	0.3	2.3	0.31	15
Caramel Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	985	235	10.2	6.5	31.9	30.9	0.5	3.5	0.46	23.3
Caramel Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1329	317	13.8	8.8	43.5	42.2	0.7	4.4	0.62	32.9
Caramel Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1508	359	14	8.9	53	51.4	0.8	4.8	0.75	41.7
Caramel Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	746	178	8.5	6	23.6	21.5	1.2	1.3	0.30	15
Caramel Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1032	246	10.8	7.7	34.5	31.4	1.8	1.8	0.44	23.3
Caramel Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1387	330	14.5	10.4	46.6	42.7	2.2	2.3	0.60	32.9
Caramel Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1571	374	14.8	10.6	56.4	52	2.5	2.6	0.73	41.7
Caramel Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	718	172	8.5	6.3	22.1	21.4	0.9	1.3	0.33	15
Caramel Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	989	236	10.8	8.1	32.2	31.2	1.3	1.8	0.50	23.3
Caramel Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1334	319	14.5	10.8	43.8	42.5	1.6	2.3	0.67	32.9
Caramel Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1513	361	14.8	11	53.3	51.7	1.8	2.6	0.80	41.7
Espresso Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Frappuccino roast soluble coffee	342	81	1	0.9	15.5	14.8	0.1	2.3	0.27	35
Espresso Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Frappuccino roast soluble coffee	473	112	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48.4
Espresso Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Frappuccino roast soluble coffee	667	157	1.8	1.6	31.1	29.7	0.3	4.1	0.53	58.5
Espresso Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Frappuccino roast soluble coffee	809	191	2	1.8	38.6	36.9	0.3	4.5	0.65	65.5
Espresso Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Frappuccino roast soluble co	377	89	2	1.2	15.4	14.7	0.1	2.3	0.27	35
Espresso Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Frappuccino roast soluble co	521	123	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48.4
Espresso Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Frappuccino roast soluble co	728	172	3.5	2.1	31	29.6	0.3	4	0.53	58.5
Espresso Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Frappuccino roast soluble co	877	207	3.9	2.4	38.5	36.8	0.3	4.4	0.65	65.5
Espresso Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Frappuccino roast soluble coffee [roas	317	75	0.3	0.1	15.6	14.8	0.1	2.3	0.27	35
Espresso Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Frappuccino roast soluble coffee [roas	437	103	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48.4
Espresso Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Frappuccino roast soluble coffee [roas	621	146	0.5	0.2	31.1	29.8	0.3	4.1	0.54	58.5
Espresso Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Frappuccino roast soluble coffee [roas	759	179	0.6	0.2	38.7	37	0.3	4.5	0.66	65.5
Espresso Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	291	69	0.8	0.1	14.5	13.7	0.3	0.8	0.25	35
Espresso Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	403	95	1.1	0.1	20	18.9	0.4	1.1	0.34	48.4
Espresso Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	576	136	1.4	0.1	29.2	27.8	0.5	1.4	0.49	58.5
Espresso Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	710	168	1.6	0.2	36.6	34.8	0.6	1.5	0.61	65.5
Espresso Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	325	77	0.9	0.1	15.6	14	0.3	1.4	0.29	35
Espresso Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	450	106	1.3	0.2	21.5	19.3	0.4	1.9	0.40	48.4
Espresso Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	637	150	1.7	0.2	31.2	28.3	0.5	2.4	0.57	58.5
Espresso Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	776	183	1.9	0.3	38.7	35.4	0.6	2.7	0.69	65.5
Espresso Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	329	78	1.1	0.2	14.7	14	0.4	2.1	0.29	35
Espresso Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	455	108	1.5	0.3	20.3	19.3	0.6	2.9	0.40	48.4
Espresso Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	643	152	1.9	0.3	29.7	28.3	0.7	3.7	0.56	58.5
Espresso Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	783	185	2.1	0.4	37	35.4	0.8	4.1	0.68	65.5
Espresso Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	359	85	1.4	1	16.4	14.3	1.2	1	0.28	35
Espresso Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	497	117	2	1.4	22.6	19.7	1.7	1.4	0.38	48.4
Espresso Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	697	165	2.5	1.8	32.6	28.9	2.2	1.8	0.54	58.5
Espresso Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	843	199	2.8	2	40.3	36	2.4	2	0.66	65.5
Espresso Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	332	79	1.4	1.2	14.9	14.1	0.9	1	0.31	35
Espresso Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	458	109	2	1.7	20.6	19.5	1.3	1.4	0.43	48.4
Espresso Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	647	154	2.5	2.2	30	28.6	1.6	1.8	0.61	58.5
Espresso Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	788	187	2.8	2.4	37.4	35.7	1.8	2	0.73	65.5
Mocha Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	767	183	8.1	5.9	23.4	22.5	0.9	3.7	0.27	15
Mocha Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	990	236	10.1	7.5	31	29.9	1	4.8	0.40	22.1
Mocha Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1346	321	13.9	10.2	42.3	40.6	1.3	6.1	0.53	30.4
Mocha Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1597	380	14.5	10.7	54.4	52.3	1.7	7.2	0.68	40.8

Mocha Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	801	191	9	6.2	23.4	22.4	0.9	3.6	0.27	15
Mocha Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1041	248	11.6	7.9	30.9	29.8	1	4.7	0.39	22.1
Mocha Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1406	335	15.6	10.7	42.2	40.6	1.3	6	0.53	30.4
Mocha Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1667	397	16.5	11.3	54.3	52.1	1.7	7.1	0.68	40.8
Mocha Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	741	177	7.3	5.1	23.5	22.5	0.9	3.7	0.27	15
Mocha Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	952	227	9.1	6.3	31.1	29.9	1	4.8	0.40	22.1
Mocha Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1301	310	12.6	8.8	42.3	40.7	1.3	6.1	0.53	30.4
Mocha Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1545	368	13	9	54.5	52.4	1.7	7.2	0.69	40.8
Mocha Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	715	171	7.8	5.1	22.4	21.4	1.1	2.1	0.25	15
Mocha Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	915	218	9.8	6.3	29.5	28.3	1.2	2.5	0.36	22.1
Mocha Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1257	300	13.5	8.8	40.5	38.8	1.6	3.4	0.49	30.4
Mocha Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1494	356	14	9	52.3	50.1	2.1	4.1	0.64	40.8
Mocha Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	749	179	8	5.2	23.5	21.7	1.1	2.7	0.29	15
Mocha Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	965	230	10	6.4	31.1	28.7	1.2	3.3	0.42	22.1
Mocha Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1316	314	13.7	8.9	42.4	39.3	1.6	4.4	0.56	30.4
Mocha Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1562	372	14.3	9.1	54.5	50.7	2.1	5.3	0.72	40.8
Mocha Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	753	180	8.1	5.2	22.7	21.7	1.2	3.5	0.29	15
Mocha Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	970	231	10.2	6.4	29.9	28.7	1.4	4.4	0.42	22.1
Mocha Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1323	315	13.9	9	40.9	39.3	1.8	5.7	0.56	30.4
Mocha Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1570	374	14.5	9.2	52.8	50.7	2.3	6.8	0.71	40.8
Mocha Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	784	187	8.5	6	24.3	22	2	2.4	0.28	15
Mocha Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1015	242	10.7	7.6	32.3	29.2	2.6	2.9	0.40	22.1
Mocha Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1376	328	14.6	10.4	43.8	39.8	3.2	3.8	0.54	30.4
Mocha Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1631	388	15.3	10.9	56.2	51.3	3.9	4.6	0.69	40.8
Mocha Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	756	181	8.5	6.2	22.8	21.9	1.7	2.4	0.31	15
Mocha Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	974	233	10.7	8	30.1	28.9	2.1	2.9	0.46	22.1
Mocha Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1327	317	14.6	10.8	41.2	39.6	2.7	3.8	0.60	30.4
Mocha Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1575	376	15.3	11.3	53.1	51	3.3	4.6	0.77	40.8
White Mocha Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	735	175	8.1	6.1	22.5	22	0.1	3.1	0.31	15
White Mocha Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1030	245	10.6	8	33.1	32.3	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1487	354	15	11.3	48.7	47.7	0.2	6	0.63	30.9
White Mocha Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1638	390	15.2	11.5	56.7	55.4	0.2	6.5	0.76	40
White Mocha Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	770	184	9.1	6.4	22.4	21.9	0.1	3	0.30	15
White Mocha Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1081	258	12	8.5	33	32.3	0.1	4.4	0.45	22.4
White Mocha Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1548	369	16.7	11.9	48.6	47.6	0.2	5.9	0.63	30.9
White Mocha Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1706	406	17.1	12.1	56.6	55.2	0.2	6.4	0.76	40
White Mocha Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	709	169	7.4	5.3	22.5	22	0.1	3.1	0.31	15
White Mocha Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	991	236	9.5	6.8	33.1	32.4	0.1	4.5	0.45	22.4
White Mocha Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1441	343	13.7	9.9	48.8	47.8	0.2	6	0.63	30.9
White Mocha Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1587	378	13.8	9.9	56.8	55.5	0.2	6.5	0.76	40
White Mocha Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	684	163	7.9	5.3	21.4	20.9	0.2	1.5	0.28	15
White Mocha Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	953	228	10.2	6.8	31.5	30.7	0.4	2.2	0.41	22.4
White Mocha Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1397	333	14.6	9.9	46.9	45.8	0.4	3.3	0.59	30.9
White Mocha Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1537	366	14.7	9.9	54.6	53.2	0.5	3.5	0.71	40
White Mocha Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	718	171	8	5.4	22.5	21.2	0.2	2.1	0.32	15
White Mocha Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1004	239	10.4	6.9	33.2	31.2	0.4	3	0.48	22.4
White Mocha Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1457	347	14.9	10	48.8	46.3	0.4	4.3	0.66	30.9
White Mocha Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1604	382	15	10	56.8	53.8	0.5	4.6	0.80	40
White Mocha Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	722	172	8.1	5.4	21.7	21.2	0.3	2.8	0.32	15
White Mocha Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1010	241	10.6	6.9	31.9	31.2	0.5	4.1	0.47	22.4
White Mocha Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1463	349	15.1	10.1	47.3	46.3	0.6	5.6	0.65	30.9
White Mocha Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1611	384	15.2	10.1	55.1	53.8	0.7	6.1	0.79	40
White Mocha Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	752	179	8.5	6.2	23.4	21.5	1.2	1.8	0.31	15
White Mocha Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1055	251	11.2	8.2	34.4	31.6	1.7	2.5	0.46	22.4
White Mocha Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1517	361	15.7	11.5	50.3	46.9	2.1	3.7	0.64	30.9
White Mocha Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1672	398	16	11.7	58.4	54.4	2.4	4	0.77	40
White Mocha Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	724	173	8.5	6.4	21.9	21.4	0.9	1.8	0.35	15
White Mocha Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1013	242	11.2	8.5	32.1	31.4	1.3	2.5	0.51	22.4
White Mocha Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1468	351	15.7	11.9	47.6	46.6	1.5	3.7	0.70	30.9
White Mocha Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1616	386	16	12.1	55.4	54.1	1.8	4	0.84	40
Java Chip Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	738	176	9.2	7	20.3	19.3	0.5	2.8	0.32	15
Java Chip Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1033	247	12.2	9.3	29.8	28.4	0.7	4	0.47	22.4
Java Chip Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1436	343	17	12.9	41.9	39.8	1	5.2	0.66	32
Java Chip Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1666	398	18.3	14	51.8	49.1	1.3	5.9	0.82	40.8
Java Chip Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	772	185	10.2	7.3	20.3	19.3	0.5	2.7	0.32	15

Java Chip Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1085	259	13.7	9.8	29.8	28.3	0.7	4	0.47	22.4
Java Chip Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1499	358	18.8	13.5	41.8	39.7	1	5.1	0.66	32
Java Chip Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1736	414	20.3	14.6	51.7	49	1.3	5.8	0.81	40.8
Java Chip Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	712	170	8.5	6.2	20.4	19.4	0.5	2.8	0.32	15
Java Chip Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	995	238	11.1	8.1	29.9	28.5	0.7	4	0.48	22.4
Java Chip Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1389	332	15.7	11.4	42	39.9	1	5.2	0.66	32
Java Chip Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1614	385	16.8	12.3	51.9	49.2	1.3	5.9	0.82	40.8
Java Chip Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	687	164	9	6.2	19.3	18.3	0.6	1.2	0.30	15
Java Chip Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	957	229	11.9	8.1	28.3	26.8	0.9	1.7	0.44	22.4
Java Chip Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1343	321	16.5	11.4	40	37.8	1.3	2.4	0.62	32
Java Chip Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1563	374	17.8	12.3	49.7	46.9	1.6	2.8	0.77	40.8
Java Chip Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	721	172	9.2	6.2	20.4	18.6	0.6	1.8	0.34	15
Java Chip Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1008	241	12.1	8.2	29.9	27.2	0.9	2.6	0.50	22.4
Java Chip Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1405	335	16.8	11.5	42	38.4	1.3	3.5	0.69	32
Java Chip Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1632	389	18.1	12.4	51.9	47.5	1.6	3.9	0.85	40.8
Java Chip Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	724	173	9.3	6.3	19.5	18.6	0.7	2.6	0.33	15
Java Chip Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1013	242	12.3	8.3	28.7	27.2	1.1	3.7	0.49	22.4
Java Chip Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1412	337	17	11.6	40.4	38.4	1.5	4.8	0.69	32
Java Chip Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1639	391	18.3	12.5	50.2	47.6	1.8	5.4	0.85	40.8
Java Chip Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	755	180	9.6	7.1	21.2	18.9	1.5	1.5	0.32	15
Java Chip Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1059	253	12.8	9.5	31.1	27.7	2.3	2.1	0.48	22.4
Java Chip Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1467	350	17.7	13.1	43.5	38.9	3	2.9	0.67	32
Java Chip Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1701	406	19.1	14.2	53.5	48.2	3.4	3.3	0.82	40.8
Java Chip Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	727	174	9.6	7.3	19.7	18.7	1.2	1.5	0.36	15
Java Chip Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1017	244	12.8	9.8	28.9	27.5	1.8	2.1	0.54	22.4
Java Chip Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1416	339	17.7	13.5	40.7	38.7	2.4	2.9	0.74	32
Java Chip Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1645	393	19.1	14.6	50.5	47.9	2.8	3.3	0.90	40.8
Chocolate Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	732	175	8.3	6.2	20.6	19.9	0.8	4	0.27	0
Chocolate Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	959	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1317	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1564	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	778	186	9.6	6.6	20.6	19.8	0.8	4	0.27	0
Chocolate Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1029	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
Chocolate Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1406	335	17	11.7	38.3	37	1.2	7	0.56	0
Chocolate Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1674	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	698	166	7.3	5.1	20.7	20	0.8	4	0.27	0
Chocolate Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	906	216	9	6.3	27.9	27	0.8	5.4	0.41	0
Chocolate Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1251	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
Chocolate Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1483	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	664	159	8	5.1	19.3	18.5	1	2	0.24	0
Chocolate Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	854	204	10	6.3	25.6	24.6	1.2	2.3	0.36	0
Chocolate Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1185	284	13.9	8.8	35.7	34.3	1.6	3.1	0.50	0
Chocolate Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1403	335	14.5	9	46.3	44.4	2	3.8	0.65	0
Chocolate Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	709	169	8.2	5.2	20.7	18.9	1	2.8	0.29	0
Chocolate Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	924	220	10.3	6.4	27.9	25.2	1.2	3.5	0.45	0
Chocolate Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1273	303	14.2	8.9	38.5	35.1	1.6	4.6	0.61	0
Chocolate Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1511	360	15	9.2	49.7	45.4	2	5.6	0.79	0
Chocolate Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	714	171	8.3	5.2	19.6	18.9	1.2	3.7	0.29	0
Chocolate Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	931	222	10.6	6.5	26.2	25.3	1.4	5	0.44	0
Chocolate Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1283	306	14.5	9.1	36.4	35.1	1.9	6.6	0.60	0
Chocolate Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1522	363	15.3	9.3	47.1	45.4	2.4	8	0.77	0
Chocolate Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	755	180	8.8	6.3	21.8	19.3	2.3	2.3	0.27	0
Chocolate Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	994	237	11.3	8.2	29.5	25.9	3.1	2.8	0.42	0
Chocolate Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1361	325	15.5	11.2	40.6	35.9	4	3.8	0.57	0
Chocolate Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1618	386	16.6	11.9	52.3	46.4	4.9	4.6	0.74	0
Chocolate Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	718	172	8.8	6.6	19.8	19.1	1.9	2.3	0.32	0
Chocolate Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	937	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
Chocolate Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1289	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
Chocolate Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1530	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Vanilla Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	614	147	7.6	5.8	16.8	16.5	0	2.8	0.27	0
Vanilla Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	863	206	9.8	7.5	25.2	24.7	0	4.2	0.40	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1166	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1357	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	660	158	8.9	6.2	16.8	16.4	0	2.8	0.26	0
Vanilla Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	933	223	11.8	8.2	25.1	24.6	0	4.1	0.40	0

Vanilla Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1253	299	15.9	11	34	33.3	0	5.2	0.54	0
Vanilla Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1460	348	16.8	11.6	43.4	42.4	0	6	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	580	138	6.6	4.7	16.9	16.5	0	2.8	0.27	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	810	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1101	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1279	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	546	131	7.3	4.7	15.5	15	0.2	0.8	0.23	0
Vanilla Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	759	182	9.3	5.9	23.2	22.5	0.3	1.1	0.35	0
Vanilla Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1038	248	12.8	8.2	31.6	30.7	0.4	1.4	0.48	0
Vanilla Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1203	288	13.1	8.2	40.4	39.3	0.5	1.6	0.62	0
Vanilla Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	592	141	7.5	4.7	16.9	15.4	0.2	1.6	0.29	0
Vanilla Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	828	197	9.6	6	25.4	23.1	0.3	2.3	0.44	0
Vanilla Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1123	268	13.2	8.3	34.3	31.4	0.4	2.9	0.59	0
Vanilla Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1305	311	13.6	8.4	43.7	40.2	0.5	3.3	0.74	0
Vanilla Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	596	143	7.6	4.8	15.8	15.4	0.4	2.6	0.29	0
Vanilla Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	835	199	9.8	6.1	23.7	23.1	0.5	3.8	0.43	0
Vanilla Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1132	270	13.5	8.5	32.2	31.5	0.7	4.8	0.58	0
Vanilla Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1316	314	13.9	8.5	41.2	40.2	0.8	5.6	0.73	0
Vanilla Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	637	152	8.1	5.9	18	15.9	1.4	1.1	0.27	0
Vanilla Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	897	214	10.6	7.7	27	23.8	2.2	1.6	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1209	289	14.4	10.5	36.4	32.2	2.7	2.1	0.55	0
Vanilla Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1408	336	15.1	11	46.2	41.1	3.3	2.3	0.70	0
Vanilla Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	600	144	8.1	6.2	16	15.7	1	1.1	0.32	0
Vanilla Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	841	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
Vanilla Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1139	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
Vanilla Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1324	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0
Caramel Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	753	180	8.8	6.6	22.1	21.4	0	2.9	0.31	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1038	247	11.4	8.5	31.9	31	0	4.4	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1395	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1672	398	16.7	12.5	55.6	53.8	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	799	191	10.1	7	22	21.3	0	2.9	0.31	0
Caramel Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1108	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
Caramel Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1481	353	17.9	12.3	42.8	41.5	0	5.3	0.60	0
Caramel Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1776	423	19.7	13.4	55.4	53.7	0	6.3	0.78	0
Caramel Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	719	172	7.9	5.5	22.2	21.5	0	2.9	0.31	0
Caramel Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
Caramel Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
Caramel Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1595	380	14.5	10.1	55.8	54	0	6.4	0.78	0
Caramel Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	685	164	8.5	5.5	20.7	20	0.2	0.9	0.27	0
Caramel Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	934	223	10.9	6.9	29.8	28.8	0.3	1.2	0.40	0
Caramel Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1267	303	14.9	9.5	40.3	38.9	0.4	1.6	0.54	0
Caramel Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1519	363	16	10	52.5	50.6	0.5	1.8	0.71	0
Caramel Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	731	174	8.7	5.5	22.2	20.4	0.2	1.7	0.33	0
Caramel Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1003	239	11.2	7	32.1	29.4	0.3	2.4	0.49	0
Caramel Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1352	322	15.3	9.6	43.1	39.7	0.4	3.1	0.65	0
Caramel Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1621	386	16.5	10.2	55.8	51.5	0.5	3.5	0.83	0
Caramel Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	735	176	8.9	5.6	21.1	20.4	0.4	2.7	0.33	0
Caramel Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1011	241	11.4	7.1	30.4	29.4	0.5	3.9	0.48	0
Caramel Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1361	325	15.5	9.8	41	39.7	0.7	4.9	0.64	0
Caramel Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1632	389	16.8	10.3	53.3	51.5	0.8	5.8	0.82	0
Caramel Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	776	185	9.4	6.7	23.3	20.8	1.4	1.2	0.31	0
Caramel Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1073	256	12.2	8.7	33.7	30	2.2	1.7	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1437	343	16.5	11.8	45.1	40.5	2.7	2.2	0.62	0
Caramel Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1723	411	18	12.8	58.2	52.5	3.3	2.6	0.79	0
Caramel Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	739	177	9.4	7	21.3	20.6	1	1.2	0.36	0
Caramel Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1016	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
Caramel Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1367	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
Caramel Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1640	392	18	13.4	53.7	52	2.3	2.6	0.90	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	833	199	9.1	7	25.2	24.9	0	4	0.34	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1198	285	12.1	9.5	38.1	37.7	0	6	0.51	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1628	388	16.6	12.9	51.9	51.3	0	7.7	0.69	0
White Chocolate Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1969	469	18.1	14.2	67.1	66.2	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	879	210	10.4	7.4	25.2	24.9	0	3.9	0.34	0
White Chocolate Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1268	302	14.1	10.1	38	37.6	0	5.9	0.51	0
White Chocolate Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1715	409	19.1	13.7	51.8	51.2	0	7.6	0.69	0

White Chocolate Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	2073	493	21.1	15.1	66.9	66.1	0	9.2	0.88	0
White Chocolate Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	799	190	8.1	5.9	25.3	25	0	4	0.34	0
White Chocolate Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1145	273	10.7	7.8	38.2	37.8	0	6	0.51	0
White Chocolate Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1564	372	14.8	10.9	52	51.4	0	7.7	0.69	0
White Chocolate Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1892	450	15.9	11.8	67.2	66.4	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	765	183	8.8	5.9	23.9	23.5	0.2	1.9	0.30	0
White Chocolate Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1094	261	11.7	7.8	36	35.5	0.3	2.8	0.46	0
White Chocolate Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1500	358	16	10.8	49.3	48.6	0.4	3.8	0.63	0
White Chocolate Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1816	433	17.4	11.7	64	63	0.5	4.8	0.81	0
White Chocolate Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	811	193	9	6	25.3	23.9	0.2	2.7	0.36	0
White Chocolate Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1163	277	12	7.9	38.2	36.1	0.3	4	0.55	0
White Chocolate Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1586	378	16.4	11	52.1	49.3	0.4	5.3	0.73	0
White Chocolate Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1918	456	17.9	11.9	67.3	63.9	0.5	6.5	0.94	0
White Chocolate Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	815	195	9.1	6.1	24.2	23.9	0.4	3.7	0.36	0
White Chocolate Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1170	279	12.2	8	36.5	36.1	0.5	5.5	0.54	0
White Chocolate Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1595	380	16.7	11.1	50	49.3	0.7	7.2	0.72	0
White Chocolate Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1929	459	18.2	12	64.7	63.9	0.8	8.7	0.93	0
White Chocolate Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	856	204	9.6	7.2	26.4	24.3	1.4	2.3	0.34	0
White Chocolate Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1232	294	13	9.7	39.9	36.7	2.2	3.3	0.52	0
White Chocolate Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1671	398	17.7	13.2	54.1	50.1	2.7	4.5	0.70	0
White Chocolate Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	2020	481	19.4	14.5	69.7	64.8	3.3	5.5	0.90	0
White Chocolate Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	819	196	9.6	7.4	24.4	24.1	1	2.3	0.39	0
White Chocolate Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1176	281	13	10.1	36.9	36.4	1.6	3.3	0.59	0
White Chocolate Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1601	383	17.7	13.7	50.4	49.7	1.9	4.5	0.79	0
White Chocolate Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1937	462	19.4	15.1	64.4	64.4	2.3	5.5	1.01	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	817	194	7.7	5.8	28.2	26.7	0.4	3	0.28	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1015	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1409	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1668	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	863	205	9	6.2	28.1	26.7	0.4	3	0.28	0
Strawberries & Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1081	257	11.6	8	34	32.4	0.4	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1490	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
Strawberries & Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1763	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	783	186	6.7	4.7	28.3	26.8	0.4	3	0.28	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	965	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1348	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1596	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	749	179	7.4	4.7	26.8	25.3	0.6	1	0.24	0
Strawberries & Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	917	219	9.3	5.8	32.1	30.4	0.7	1.2	0.34	0
Strawberries & Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1288	307	12.9	8.2	45.7	43.2	0.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1526	363	13.2	8.2	58.7	55.5	1.2	1.9	0.59	0
Strawberries & Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	794	189	7.5	4.7	28.3	25.7	0.6	1.8	0.30	0
Strawberries & Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	982	234	9.6	6	34.2	31	0.7	2.4	0.43	0
Strawberries & Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1368	325	13.2	8.3	48.3	43.9	0.9	3	0.57	0
Strawberries & Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1620	385	13.6	8.3	61.7	56.3	1.2	3.5	0.71	0
Strawberries & Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	799	190	7.7	4.8	27.2	25.7	0.7	2.7	0.30	0
Strawberries & Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	989	235	9.8	6.1	32.6	31	0.9	3.8	0.42	0
Strawberries & Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1377	328	13.5	8.4	46.3	43.9	1.2	4.8	0.56	0
Strawberries & Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1630	387	13.9	8.5	59.4	56.3	1.5	5.6	0.70	0
Strawberries & Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	840	200	8.2	5.9	29.4	26.1	1.8	1.3	0.28	0
Strawberries & Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1047	249	10.6	7.6	35.8	31.6	2.4	1.7	0.40	0
Strawberries & Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1449	345	14.4	10.4	50.2	44.7	3.1	2.3	0.54	0
Strawberries & Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1715	407	15	10.8	64	57.2	3.7	2.6	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	803	192	8.2	6.2	27.4	25.9	1.4	1.3	0.33	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	994	237	10.6	8	32.9	31.3	1.9	1.7	0.47	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1383	330	14.4	10.9	46.7	44.3	2.0	2.3	0.62	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1638	390	15	11.3	59.9	56.7	2.9	2.6	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK, Reduced fat whipped cream [cre	748	179	9.2	6.8	20.3	17.3	0.2	3.6	0.35	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1062	253	12.3	9.1	30.4	25.8	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1499	358	17.2	12.6	43.5	36.8	0.4	7.1	0.75	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre	1768	421	18.7	13.7	54.7	46.1	0.5	8.4	0.95	0
Cookies & Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	794	190	10.5	7.2	20.2	17.2	0.2	3.5	0.35	0
Cookies & Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1132	270	14.3	9.7	30.3	25.7	0.3	5.2	0.53	0
Cookies & Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1590	379	19.8	13.4	43.4	36.7	0.4	7	0.75	0
Cookies & Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1875	447	21.7	14.7	54.6	46	0.5	8.2	0.95	0

Cookies & Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	714	170	8.3	5.7	20.4	17.4	0.2	3.6	0.35	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1010	241	10.8	7.4	30.5	25.9	0.3	5.3	0.53	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1431	341	15.3	10.5	43.6	37	0.4	7.1	0.76	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1689	402	16.4	11.2	54.9	46.3	0.5	8.4	0.96	0
Cookies & Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	680	163	8.9	5.7	18.9	15.9	0.4	1.5	0.32	0
Cookies & Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	959	229	11.8	7.4	28.3	23.6	0.6	2.2	0.48	0
Cookies & Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1364	326	16.6	10.5	40.8	34	0.8	3.1	0.69	0
Cookies & Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1610	385	17.9	11.2	51.6	42.8	1	3.7	0.88	0
Cookies & Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	725	173	9.1	5.8	20.4	16.3	0.4	2.3	0.37	0
Cookies & Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1028	245	12.1	7.5	30.5	24.2	0.6	3.3	0.56	0
Cookies & Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1454	347	17	10.6	43.7	34.8	0.8	4.6	0.80	0
Cookies & Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1716	409	18.4	11.3	54.9	43.7	1	5.4	1.01	0
Cookies & Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	730	175	9.3	5.8	19.3	16.3	0.5	3.3	0.37	0
Cookies & Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1035	247	12.3	7.6	28.8	24.2	0.8	4.8	0.56	0
Cookies & Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1464	349	17.2	10.7	41.4	34.8	1.1	6.6	0.79	0
Cookies & Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1727	412	18.7	11.5	52.3	43.7	1.4	7.8	1.00	0
Cookies & Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	771	184	9.8	6.9	21.5	16.7	1.6	1.8	0.36	0
Cookies & Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1096	262	13.1	9.3	32.1	24.9	2.5	2.7	0.54	0
Cookies & Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1544	368	18.3	12.9	45.8	35.6	3.3	3.7	0.76	0
Cookies & Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1821	434	19.9	14	57.5	44.7	3.9	4.4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	734	176	9.8	7.2	19.5	16.5	1.2	1.8	0.41	0
Cookies & Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1040	249	13.1	9.7	29.1	24.6	1.9	2.7	0.61	0
Cookies & Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1470	352	18.3	13.5	41.9	35.2	2.5	3.7	0.86	0
Cookies & Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1735	415	19.9	14.7	52.8	44.2	2.9	4.4	1.08	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK , Reduced fat whipped cream [cre	867	207	10.1	7.7	24	22.8	1.2	4.3	0.32	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1166	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1610	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1962	468	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	913	218	11.4	8.1	24	22.7	1.2	4.3	0.32	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1237	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1699	406	21.1	15	45.6	43.3	2	7.6	0.66	0
Double Chocolate Chip Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	2071	494	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	833	199	9.2	6.6	24.1	22.9	1.2	4.3	0.32	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1114	266	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1544	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1880	448	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	799	191	9.8	6.6	22.7	21.4	1.4	2.3	0.29	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1062	254	12.9	8.6	30.8	29.1	1.7	2.7	0.44	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1479	354	17.9	12.1	43.1	40.6	2.4	3.8	0.61	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1800	430	20	13.4	56.2	53	3.1	4.6	0.80	0
Double Chocolate Chip Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	844	202	10	6.7	24.1	21.8	1.4	3	0.34	0
Double Chocolate Chip Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1132	270	13.2	8.7	33.1	29.7	1.7	3.9	0.52	0
Double Chocolate Chip Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1566	374	18.3	12.2	45.9	41.4	2.4	5.3	0.71	0
Double Chocolate Chip Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1908	455	20.5	13.6	59.7	53.9	3.1	6.5	0.93	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	849	203	10.2	6.8	23	21.8	1.6	4	0.34	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1139	272	13.4	8.8	31.4	29.7	2	5.4	0.51	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1576	376	18.6	12.4	43.7	41.4	2.7	7.2	0.70	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5%	1919	458	20.8	13.8	57	53.9	3.5	8.8	0.92	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	890	213	10.7	7.8	25.2	22.2	2.7	2.6	0.32	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1201	287	14.2	10.5	34.7	30.4	3.6	3.2	0.49	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1654	395	19.6	14.5	48	42.2	4.8	4.4	0.68	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	2015	481	22.1	16.4	62.3	54.9	6.1	5.4	0.89	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	853	204	10.7	8.1	23.2	22	2.2	2.6	0.37	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1144	274	14.2	10.9	31.7	30	3	3.2	0.57	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1582	379	19.6	15	44.1	41.8	4	4.4	0.77	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1927	461	22.1	17	57.5	54.4	5.1	5.4	1.01	0
Matcha Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK , Reduced fat whipped cream [cre	635	152	7.6	5.8	17.4	16.5	0.5	3.2	0.27	31.9
Matcha Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK , Reduced fat whipped cream [cre	911	217	9.9	7.6	26.8	25.4	0.8	4.9	0.41	50.3
Matcha Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1272	303	13.7	10.5	38.1	36.1	1.2	6.4	0.58	73
Matcha Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1428	340	14	10.8	45.7	43.2	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	681	163	8.9	6.2	17.3	16.5	0.5	3.1	0.26	31.9
Matcha Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	984	235	12	8.2	26.7	25.3	0.8	4.8	0.41	50.3
Matcha Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1366	326	16.4	11.3	37.9	35.9	1.2	6.3	0.58	73
Matcha Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1533	365	17	11.7	45.5	43	1.5	7.1	0.70	90.5
Matcha Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	601	143	6.7	4.7	17.5	16.6	0.5	3.2	0.27	31.9

Matcha Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	857	204	8.4	5.9	26.9	25.6	0.8	4.9	0.42	50.3
Matcha Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1202	286	11.8	8.3	38.2	36.2	1.2	6.4	0.59	73
Matcha Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1350	321	11.8	8.3	45.8	43.3	1.5	7.2	0.70	90.5
Matcha Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	567	136	7.3	4.7	16	15.1	0.7	1.1	0.23	31.9
Matcha Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	804	193	9.4	5.9	24.7	23.2	1.1	1.6	0.36	50.3
Matcha Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1133	271	13.1	8.2	35.3	33.1	1.6	2.3	0.52	73
Matcha Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1273	304	13.3	8.2	42.5	39.9	2	2.5	0.62	90.5
Matcha Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	613	146	7.5	4.8	17.5	15.5	0.7	1.9	0.29	31.9
Matcha Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	876	209	9.8	6	26.9	23.8	1.1	2.9	0.45	50.3
Matcha Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1226	292	13.5	8.4	38.2	33.9	1.6	3.8	0.63	73
Matcha Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1376	328	13.8	8.4	45.8	40.8	2	4.3	0.75	90.5
Matcha Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	618	148	7.7	4.8	16.4	15.5	0.9	2.9	0.29	31.9
Matcha Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	883	211	10	6.1	25.2	23.8	1.4	4.4	0.44	50.3
Matcha Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1235	295	13.8	8.5	35.9	33.9	1.9	5.9	0.62	73
Matcha Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1387	331	14.1	8.6	43.3	40.8	2.3	6.6	0.74	90.5
Matcha Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	658	157	8.2	5.9	18.6	15.9	2	1.5	0.27	31.9
Matcha Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	947	226	10.8	7.8	28.6	24.5	3.1	2.2	0.42	50.3
Matcha Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1318	314	14.8	10.7	40.4	34.8	4.1	2.9	0.59	73
Matcha Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1480	353	15.3	11.1	48.3	41.8	4.8	3.3	1.11	90.5
Matcha Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	621	149	8.2	6.2	16.6	15.7	1.5	1.5	0.32	31.9
Matcha Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	889	213	10.8	8.3	25.5	24.1	2.4	2.2	0.50	50.3
Matcha Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1242	298	14.8	11.3	36.4	34.4	3.3	2.9	0.70	73
Matcha Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1395	334	15.3	11.7	43.8	41.3	3.8	3.3	0.82	90.5
Chai Tea Cream Frappuccino® - semi skimmed milk	Mini	ice, semi skimmed MILK , Reduced fat whipped cream [cre	746	178	7.6	5.8	24.1	23.8	0.7	2.9	0.27	27.8
Chai Tea Cream Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1026	244	9.7	7.4	34.5	34.1	1	4.1	0.39	40.2
Chai Tea Cream Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1409	335	13.4	10.2	47.8	47.1	1.5	5.3	0.54	56.5
Chai Tea Cream Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK , Reduced fat whipped cream [cre	1700	404	13.9	10.6	62.6	61.7	2	6.3	0.70	76.1
Chai Tea Cream Frappuccino® - whole milk	Mini	ice, Whole milk [whole MILK], Reduced fat whipped cream	792	189	8.9	6.2	24.1	23.7	0.7	2.9	0.27	27.8
Chai Tea Cream Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1092	260	11.6	8	34.4	34	1	4	0.39	40.2
Chai Tea Cream Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1492	355	15.7	10.9	47.7	47	1.5	5.2	0.53	56.5
Chai Tea Cream Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1801	428	16.7	11.5	62.5	61.6	2	6.2	0.69	76.1
Chai Tea Cream Frappuccino® - skimmed milk	Mini	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	712	170	6.6	4.7	24.2	23.9	0.7	2.9	0.28	27.8
Chai Tea Cream Frappuccino® - skimmed milk	Tall	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	976	232	8.3	5.9	34.6	34.2	1	4.1	0.40	40.2
Chai Tea Cream Frappuccino® - skimmed milk	Grande	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1347	321	11.6	8.2	47.9	47.3	1.5	5.3	0.54	56.5
Chai Tea Cream Frappuccino® - skimmed milk	Venti	ice, skimmed MILK , Reduced fat whipped cream [cream 3%	1624	386	11.7	8.3	62.8	61.9	2	6.3	0.70	76.1
Chai Tea Cream Frappuccino® - almond drink	Mini	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	678	162	7.3	4.7	22.7	22.4	0.9	0.9	0.24	27.8
Chai Tea Cream Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	928	221	9.3	5.9	32.6	32	1.4	1.2	0.35	40.2
Chai Tea Cream Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1286	307	12.8	8.2	45.3	44.5	1.9	1.6	0.48	56.5
Chai Tea Cream Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1550	369	13.2	8.2	59.6	58.6	2.4	1.8	0.62	76.1
Chai Tea Cream Frappuccino® - original nut blend	Mini	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	724	172	7.5	4.8	24.2	22.8	0.9	1.6	0.30	27.8
Chai Tea Cream Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	993	236	9.6	6	34.7	32.6	1.4	2.3	0.43	40.2
Chai Tea Cream Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1368	326	13.2	8.3	47.9	45.2	1.9	3	0.58	56.5
Chai Tea Cream Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1650	392	13.6	8.4	62.8	59.4	2.4	3.5	0.75	76.1
Chai Tea Cream Frappuccino® - soya drink	Mini	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	729	174	7.6	4.8	23.1	22.8	1.1	2.6	0.29	27.8
Chai Tea Cream Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1000	238	9.8	6.1	33	32.6	1.6	3.7	0.42	40.2
Chai Tea Cream Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1376	328	13.4	8.5	45.9	45.3	2.1	4.8	0.57	56.5
Chai Tea Cream Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1660	395	13.9	8.5	60.3	59.4	2.8	5.7	0.74	76.1
Chai Tea Cream Frappuccino® - oat drink	Mini	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	769	183	8.1	5.9	25.3	23.2	2.2	1.2	0.28	27.8
Chai Tea Cream Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1059	252	10.5	7.6	36.2	33.2	3.1	1.7	0.40	40.2
Chai Tea Cream Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1450	345	14.4	10.4	49.9	46	4.1	2.2	0.54	56.5
Chai Tea Cream Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1750	416	15.1	11	65.2	60.4	5.2	2.5	0.71	76.1
Chai Tea Cream Frappuccino® - coconut drink	Mini	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	732	175	8.1	6.2	23.3	23	1.8	1.2	0.33	27.8
Chai Tea Cream Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1005	240	10.5	8	33.4	32.9	2.5	1.7	0.47	40.2
Chai Tea Cream Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1383	330	14.4	10.9	46.3	45.6	3.3	2.2	0.63	56.5
Chai Tea Cream Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1668	398	15.1	11.6	60.8	59.9	4.3	2.5	0.82	76.1

Refreshment

Peach Iced Tea	Tall	ice, Green Tea Concentrate [water, green tea, spearmint, l	225	53	0.1	0	12.9	12.6	0.1	0.1	0.00	0.6
Peach Iced Tea	Grande	ice, Green Tea Concentrate [water, green tea, spearmint, l	313	74	0.1	0	17.9	17.5	0.1	0.1	0.00	0.9
Peach Iced Tea	Venti	ice, Green Tea Concentrate [water, green tea, spearmint, l	396	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1
Lemon Iced Tea	Tall	ice, Green Tea Concentrate [water, green tea, spearmint, l	223	53	0.1	0	12.8	12.6	0.1	0.1	0.00	0.6
Lemon Iced Tea	Grande	ice, Green Tea Concentrate [water, green tea, spearmint, l	310	73	0.1	0	17.8	17.5	0.1	0.1	0.00	0.9
Lemon Iced Tea	Venti	ice, Green Tea Concentrate [water, green tea, spearmint, l	393	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Cool Lime Starbucks Refresha™	Tall	ice, Cool lime base [Ingredients: Water, sugar, white grap	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37.2
Cool Lime Starbucks Refresha™	Grande	ice, Cool lime base [Ingredients: Water, sugar, white grap	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49.3

Youthberry Tea	Grande	water, Youthberry tea [apple bits, white tea, candied pine	2	0	0	0	0	0	0	0	0.00	0
Youthberry Tea	Venti	water, Youthberry tea [apple bits, white tea, candied pine	3	1	0	0	0.1	0.1	0	0	0.00	0
Tea Latte												
Matcha Green Tea Latte - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], Matcha blend	277	66	2.2	2.1	6.5	5.9	0.6	4.8	0.13	38.6
Matcha Green Tea Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], Matcha blend	437	104	3.5	3.4	10.3	9.4	0.9	7.5	0.21	57.8
Matcha Green Tea Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], Matcha blend	637	151	5	4.9	15	13.6	1.4	11	0.31	87.6
Matcha Green Tea Latte - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], Matcha blend	787	187	6.2	6.1	18.6	16.9	1.7	13.6	0.38	104.3
Matcha Green Tea Latte - whole milk	Short	whole MILK , Matcha blend [Matcha green tea]	360	86	4.6	2.9	6.4	5.8	0.6	4.6	0.13	38.6
Matcha Green Tea Latte - whole milk	Tall	whole MILK , Matcha blend [Matcha green tea]	569	135	7.2	4.5	10.1	9.2	0.9	7.3	0.21	57.8
Matcha Green Tea Latte - whole milk	Grande	whole MILK , Matcha blend [Matcha green tea]	828	197	10.5	6.6	14.7	13.3	1.4	10.7	0.30	87.6
Matcha Green Tea Latte - whole milk	Venti	whole MILK , Matcha blend [Matcha green tea]	1025	244	13	8.2	18.2	16.5	1.7	13.2	0.37	104.3
Matcha Green Tea Latte - skimmed milk	Short	skimmed MILK , Matcha blend [Matcha green tea]	215	51	0.4	0.2	6.7	6	0.6	4.8	0.14	38.6
Matcha Green Tea Latte - skimmed milk	Tall	skimmed MILK , Matcha blend [Matcha green tea]	338	80	0.7	0.3	10.5	9.6	0.9	7.5	0.22	57.8
Matcha Green Tea Latte - skimmed milk	Grande	skimmed MILK , Matcha blend [Matcha green tea]	493	117	1	0.4	15.3	13.9	1.4	11	0.31	87.6
Matcha Green Tea Latte - skimmed milk	Venti	skimmed MILK , Matcha blend [Matcha green tea]	610	145	1.3	0.5	18.9	17.2	1.7	13.6	0.39	104.3
Matcha Green Tea Latte - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity	154	37	1.6	0.1	4	3.3	1	1.1	0.07	38.6
Matcha Green Tea Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	241	58	2.6	0.2	6.3	5.2	1.5	1.6	0.12	57.8
Matcha Green Tea Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	353	85	3.7	0.3	9.3	7.6	2.3	2.4	0.17	87.6
Matcha Green Tea Latte - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity	435	105	4.6	0.4	11.5	9.4	2.8	3	0.21	104.3
Matcha Green Tea Latte - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	236	56	2	0.3	6.7	4	1	2.5	0.18	38.6
Matcha Green Tea Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	371	88	3.1	0.4	10.5	6.4	1.5	3.8	0.28	57.8
Matcha Green Tea Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	542	128	4.6	0.6	15.4	9.2	2.3	5.6	0.41	87.6
Matcha Green Tea Latte - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	670	159	5.7	0.8	19	11.5	2.8	6.9	0.51	104.3
Matcha Green Tea Latte - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	245	58	2.2	0.4	4.7	4	1.3	4.3	0.17	38.6
Matcha Green Tea Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	385	92	3.6	0.6	7.3	6.4	2	6.7	0.27	57.8
Matcha Green Tea Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	562	134	5.2	0.9	10.7	9.3	2.9	9.8	0.39	87.6
Matcha Green Tea Latte - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	695	166	6.4	1.1	13.2	11.5	3.5	12.1	0.48	104.3
Matcha Green Tea Latte - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	318	76	3.2	2.4	8.7	4.8	3.2	1.7	0.14	38.6
Matcha Green Tea Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	502	120	5	3.8	13.6	7.6	5.1	2.6	0.23	57.8
Matcha Green Tea Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	731	174	7.3	5.5	19.9	11	7.4	3.8	0.33	87.6
Matcha Green Tea Latte - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	905	216	9.1	6.8	24.6	13.7	9.2	4.7	0.41	104.3
Matcha Green Tea Latte - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize	251	61	3.2	2.9	5	4.4	2.5	1.7	0.23	38.6
Matcha Green Tea Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	395	96	5	4.6	7.9	7	3.9	2.6	0.37	57.8
Matcha Green Tea Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	576	140	7.3	6.6	11.6	10.2	5.7	3.8	0.54	87.6
Matcha Green Tea Latte - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize	713	173	9.1	8.2	14.3	12.6	7	4.7	0.67	104.3
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], ice, Matcha bl	421	100	3.2	3.1	10	8.7	1.3	7.2	0.20	79.2
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], ice, Matcha bl	534	127	4.1	3.9	12.7	11	1.7	9.2	0.25	105.6
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Matcha bler	614	146	4.7	4.5	14.6	12.5	2.1	10.5	0.28	132
Iced Matcha Green Tea Latte - whole milk	Tall	whole MILK , ice, Matcha blend [Matcha green tea]	543	129	6.7	4.2	9.8	8.5	1.3	7	0.19	79.2
Iced Matcha Green Tea Latte - whole milk	Grande	whole MILK , ice, Matcha blend [Matcha green tea]	688	164	8.5	5.3	12.4	10.7	1.7	8.9	0.24	105.6
Iced Matcha Green Tea Latte - whole milk	Venti	ice, whole MILK , Matcha blend [Matcha green tea]	789	188	9.6	6	14.3	12.2	2.1	10.3	0.27	132
Iced Matcha Green Tea Latte - skimmed milk	Tall	skimmed MILK , ice, Matcha blend [Matcha green tea]	330	78	0.7	0.3	10.2	8.9	1.3	7.2	0.20	79.2
Iced Matcha Green Tea Latte - skimmed milk	Grande	skimmed MILK , ice, Matcha blend [Matcha green tea]	419	99	0.9	0.3	12.9	11.2	1.7	9.2	0.25	105.6
Iced Matcha Green Tea Latte - skimmed milk	Venti	ice, skimmed MILK , Matcha blend [Matcha green tea]	484	115	1	0.4	14.9	12.7	2.1	10.5	0.29	132
Iced Matcha Green Tea Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity	240	58	2.4	0.2	6.3	4.9	1.8	1.8	0.11	79.2
Iced Matcha Green Tea Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity	307	74	3.1	0.3	8.1	6.1	2.4	2.3	0.14	105.6
Iced Matcha Green Tea Latte - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	356	86	3.5	0.3	9.4	7	2.9	2.8	0.16	132
Iced Matcha Green Tea Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	361	86	3	0.4	10.2	5.9	1.8	3.8	0.26	79.2
Iced Matcha Green Tea Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%),	458	109	3.7	0.5	12.9	7.5	2.4	4.9	0.33	105.6
Iced Matcha Green Tea Latte - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%)	528	125	4.3	0.6	14.9	8.5	2.9	5.7	0.37	132
Iced Matcha Green Tea Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	374	89	3.3	0.6	7.2	5.9	2.2	6.5	0.25	79.2
Iced Matcha Green Tea Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)	474	113	4.2	0.8	9.2	7.5	2.9	8.2	0.31	105.6
Iced Matcha Green Tea Latte - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)	546	130	4.8	0.9	10.7	8.5	3.5	9.5	0.35	132
Iced Matcha Green Tea Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	481	115	4.7	3.5	13.1	7.1	5.1	2.7	0.21	79.2
Iced Matcha Green Tea Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin	610	145	5.9	4.4	16.6	8.9	6.5	3.4	0.26	105.6
Iced Matcha Green Tea Latte - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	700	167	6.8	5	19	10.1	7.6	4	0.30	132
Iced Matcha Green Tea Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize	383	93	4.7	4.2	7.8	6.5	4	2.7	0.34	79.2
Iced Matcha Green Tea Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize	486	118	5.9	5.3	9.9	8.2	5.2	3.4	0.43	105.6
Iced Matcha Green Tea Latte - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	559	136	6.8	6.1	11.5	9.3	6	4	0.49	132
Chai Tea Latte - semi skimmed milk	Short	Semi skimmed milk [semi skimmed MILK], water, Classic	488	116	1.7	1.6	21	21	1.2	3.5	0.11	46
Chai Tea Latte - semi skimmed milk	Tall	Semi skimmed milk [semi skimmed MILK], water, Classic	885	210	3.8	3.8	35.1	35	1.8	7.9	0.25	68.9
Chai Tea Latte - semi skimmed milk	Grande	Semi skimmed milk [semi skimmed MILK], water, Classic	1112	263	4.5	4.4	45.2	45.1	2.4	9.3	0.30	91.9
Chai Tea Latte - semi skimmed milk	Venti	Semi skimmed milk [semi skimmed MILK], water, Classic	1463	346	6.2	6.2	58.2	58.1	3	12.9	0.42	114.9
Chai Tea Latte - whole milk	Short	whole MILK , water, Classic chai [brewed tea with spices &	553	131	3.5	2.2	20.9	20.9	1.2	3.4	0.11	46

Chai Tea Latte - whole milk	Tall	whole MILK, water, Classic chai [brewed tea with spices & spices]	1032	245	8	5.1	34.9	34.8	1.8	7.7	0.25	68.9
Chai Tea Latte - whole milk	Grande	whole MILK, water, Classic chai [brewed tea with spices & spices]	1285	305	9.4	6	44.9	44.8	2.4	9.1	0.30	91.9
Chai Tea Latte - whole milk	Venti	whole MILK, water, Classic chai [brewed tea with spices & spices]	1704	404	13.1	8.3	57.8	57.7	3	12.6	0.41	114.9
Chai Tea Latte - skimmed milk	Short	skimmed MILK, water, Classic chai [brewed tea with spices & spices]	440	104	0.3	0.1	21.1	21.1	1.2	3.5	0.12	46
Chai Tea Latte - skimmed milk	Tall	skimmed MILK, water, Classic chai [brewed tea with spices & spices]	775	183	0.7	0.3	35.3	35.2	1.8	7.9	0.26	68.9
Chai Tea Latte - skimmed milk	Grande	skimmed MILK, water, Classic chai [brewed tea with spices & spices]	982	232	0.9	0.4	45.4	45.3	2.4	9.3	0.31	91.9
Chai Tea Latte - skimmed milk	Venti	skimmed MILK, water, Classic chai [brewed tea with spices & spices]	1283	303	1.2	0.5	58.5	58.4	3	12.9	0.42	114.9
Chai Tea Latte - almond drink	Short	Almond drink [water, ALMOND (2.5%), fructose, acidity]	393	93	1.2	0.1	19.1	19	1.5	0.6	0.07	46
Chai Tea Latte - almond drink	Tall	Almond drink [water, ALMOND (2.5%), fructose, acidity]	668	159	2.8	0.2	30.7	30.4	2.5	1.3	0.15	68.9
Chai Tea Latte - almond drink	Grande	Almond drink [water, ALMOND (2.5%), fructose, acidity]	855	204	3.3	0.3	40	39.6	3.2	1.6	0.18	91.9
Chai Tea Latte - almond drink	Venti	Almond drink [water, ALMOND (2.5%), fructose, acidity]	1106	263	4.6	0.4	51	50.5	4.1	2.2	0.24	114.9
Chai Tea Latte - original nut blend	Short	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	456	108	1.5	0.2	21.1	19.5	1.5	1.7	0.15	46
Chai Tea Latte - original nut blend	Tall	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	813	192	3.5	0.5	35.3	31.7	2.5	3.8	0.33	68.9
Chai Tea Latte - original nut blend	Grande	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	1026	242	4.1	0.6	45.5	41.1	3.2	4.5	0.39	91.9
Chai Tea Latte - original nut blend	Venti	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	1344	317	5.7	0.8	58.6	52.6	4.1	6.2	0.54	114.9
Chai Tea Latte - soya drink	Short	Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	463	110	1.7	0.3	19.6	19.5	1.7	3.1	0.14	46
Chai Tea Latte - soya drink	Tall	Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	828	196	3.9	0.7	31.8	31.7	2.9	7	0.31	68.9
Chai Tea Latte - soya drink	Grande	Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	1044	248	4.6	0.8	41.3	41.2	3.7	8.3	0.37	91.9
Chai Tea Latte - soya drink	Venti	Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	1369	325	6.4	1.2	52.7	52.6	4.9	11.5	0.51	114.9
Chai Tea Latte - oat drink	Short	Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	520	123	2.4	1.8	22.6	20.1	3.2	1.1	0.12	46
Chai Tea Latte - oat drink	Tall	Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	958	227	5.6	4.2	38.8	33	6.4	2.4	0.27	68.9
Chai Tea Latte - oat drink	Grande	Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	1197	284	6.6	5	49.6	42.8	7.8	2.9	0.32	91.9
Chai Tea Latte - oat drink	Venti	Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	1581	375	9.1	6.9	64.3	54.8	10.5	3.9	0.44	114.9
Chai Tea Latte - coconut drink	Short	Coconut drink [Water, coconut milk (10%), sugar, maize]	468	112	2.4	2.2	19.9	19.8	2.6	1.1	0.19	46
Chai Tea Latte - coconut drink	Tall	Coconut drink [Water, coconut milk (10%), sugar, maize]	839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	68.9
Chai Tea Latte - coconut drink	Grande	Coconut drink [Water, coconut milk (10%), sugar, maize]	1057	253	6.6	6	42.1	42	6.3	2.9	0.51	91.9
Chai Tea Latte - coconut drink	Venti	Coconut drink [Water, coconut milk (10%), sugar, maize]	1387	332	9.1	8.3	53.8	53.7	8.4	3.9	0.70	114.9
Iced Chai Tea Latte - semi skimmed milk	Tall	ice, Semi skimmed milk [semi skimmed MILK], Classic chai	717	170	2.4	2.3	31.2	31.1	1.8	5	0.16	68.9
Iced Chai Tea Latte - semi skimmed milk	Grande	ice, Semi skimmed milk [semi skimmed MILK], Classic chai	928	220	3	2.9	40.9	40.8	2.4	6.2	0.20	91.9
Iced Chai Tea Latte - semi skimmed milk	Venti	ice, Semi skimmed milk [semi skimmed MILK], Classic chai	1197	283	4	3.9	52	51.9	3	8.3	0.27	114.9
Iced Chai Tea Latte - whole milk	Tall	ice, whole MILK, Classic chai [brewed tea with spices and spices]	808	191	5	3.1	31	31	1.8	4.8	0.16	68.9
Iced Chai Tea Latte - whole milk	Grande	ice, whole MILK, Classic chai [brewed tea with spices and spices]	1041	246	6.1	3.9	40.7	40.6	2.4	6	0.20	91.9
Iced Chai Tea Latte - whole milk	Venti	ice, whole MILK, Classic chai [brewed tea with spices and spices]	1350	320	8.3	5.3	51.6	51.6	3	8.1	0.27	114.9
Iced Chai Tea Latte - skimmed milk	Tall	ice, skimmed MILK, Classic chai [brewed tea with spices and spices]	648	153	0.5	0.2	31.3	31.2	1.8	5	0.17	68.9
Iced Chai Tea Latte - skimmed milk	Grande	ice, skimmed MILK, Classic chai [brewed tea with spices and spices]	844	199	0.6	0.2	41.1	41	2.4	6.2	0.21	91.9
Iced Chai Tea Latte - skimmed milk	Venti	ice, skimmed MILK, Classic chai [brewed tea with spices and spices]	1082	256	0.8	0.3	52.2	52.1	3	8.3	0.28	114.9
Iced Chai Tea Latte - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acidity]	582	138	1.8	0.2	28.4	28.2	2.2	0.9	0.10	68.9
Iced Chai Tea Latte - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acidity]	762	181	2.2	0.2	37.5	37.3	2.9	1.2	0.12	91.9
Iced Chai Tea Latte - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acidity]	971	231	3	0.3	47.4	47.1	3.7	1.5	0.17	114.9
Iced Chai Tea Latte - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	672	159	2.2	0.3	31.3	29	2.2	2.4	0.21	68.9
Iced Chai Tea Latte - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	872	206	2.7	0.4	41.1	38.3	2.9	3	0.26	91.9
Iced Chai Tea Latte - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%), ALMOND (2.5%), fructose, acidity]	1121	265	3.6	0.5	52.3	48.4	3.7	4.1	0.35	114.9
Iced Chai Tea Latte - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	681	161	2.5	0.4	29.1	29	2.5	4.4	0.20	68.9
Iced Chai Tea Latte - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	884	209	3	0.5	38.4	38.3	3.3	5.5	0.25	91.9
Iced Chai Tea Latte - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)]]	1137	269	4.1	0.7	48.5	48.4	4.2	7.4	0.34	114.9
Iced Chai Tea Latte - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	762	180	3.5	2.6	33.5	29.9	4.7	1.6	0.17	68.9
Iced Chai Tea Latte - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	983	233	4.3	3.2	43.8	39.3	5.9	2	0.22	91.9
Iced Chai Tea Latte - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin]	1272	301	5.8	4.4	55.9	49.8	7.8	2.6	0.29	114.9
Iced Chai Tea Latte - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, maize]	688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	68.9
Iced Chai Tea Latte - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, maize]	893	213	4.3	3.9	38.9	38.8	4.9	2	0.34	91.9
Iced Chai Tea Latte - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, maize]	1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	114.9

Summer FY22 Promo Beverages

Iced Cherry Green Tea	Tall	ice, Lemonade [water, lemon juice (13.9%), sugar, lemon]	245	58	0.1	0	14	13.7	0.1	0.1	0.00	0.6
Iced Cherry Green Tea	Grande	ice, Green Tea Concentrate [water, green tea, spearmint, lemon]	343	81	0.1	0	19.6	19.1	0.1	0.1	0.00	0.9
Iced Cherry Green Tea	Venti	ice, Green Tea Concentrate [water, green tea, spearmint, lemon]	404	95	0.2	0	23.2	22.4	0.2	0.2	0.01	1
Orange & Mango Refresha™	Tall	ice, Orange & mango flavour beverage base [Water, sugar, orange]	259	61	0	0	14.9	14.8	0.3	0.1	0.00	8.4
Orange & Mango Refresha™	Grande	ice, Orange & mango flavour beverage base [Water, sugar, orange]	339	79	0	0	19.6	19.4	0.3	0.2	0.01	11.1
Orange & Mango Refresha™	Venti	ice, Orange & mango flavour beverage base [Water, sugar, orange]	423	99	0	0	24.4	24.3	0.3	0.2	0.01	13.9
Tropical Coconut Refresha™	Tall	ice, Orange & mango flavour beverage base [Water, sugar, orange]	420	100	2.2	2.1	18	17.9	1.6	1	0.17	8.4
Tropical Coconut Refresha™	Grande	ice, Orange & mango flavour beverage base [Water, sugar, orange]	553	131	3	2.7	23.7	23.6	2	1.3	0.23	11.1
Tropical Coconut Refresha™	Venti	ice, Orange & mango flavour beverage base [Water, sugar, orange]	690	164	3.7	3.4	29.6	29.4	2.5	1.7	0.29	13.9
Mango & Dragon Fruit Refresha™	Tall	ice, Mango & dragon fruit flavour base [Water, sugar, grapefruit]	301	71	0	0	17.3	17.1	0.2	0.3	0.00	8.4
Mango & Dragon Fruit Refresha™	Grande	ice, Mango & dragon fruit flavour base [Water, sugar, grapefruit]	409	96	0	0	23.4	23.2	0.3	0.4	0.00	11.1
Mango & Dragon Fruit Refresha™	Venti	ice, Mango & dragon fruit flavour base [Water, sugar, grapefruit]	519	122	0	0	29.7	29.4	0.4	0.5	0.00	13.9

Mango & Dragon Fruit Refresha™ with Coconut Drink	Tall	ice, Mango & dragon fruit flavour base [Water, sugar, grap	462	110	2.2	2	20.4	20.2	1.6	1.2	0.17	8.4
Mango & Dragon Fruit Refresha™ with Coconut Drink	Grande	ice, Mango & dragon fruit flavour base [Water, sugar, grap	622	148	3	2.7	27.5	27.3	2.1	1.6	0.22	11.1
Mango & Dragon Fruit Refresha™ with Coconut Drink	Venti	ice, Mango & dragon fruit flavour base [Water, sugar, grap	787	187	3.7	3.4	34.9	34.6	2.7	2	0.28	13.9
Passionfruit & Raspberry Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	981	233	9.8	7.6	32	31	0.1	4.3	0.41	0
Passionfruit & Raspberry Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1341	319	13.4	10.3	44.2	42.9	0.1	5.4	0.55	0
Passionfruit & Raspberry Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1585	377	13.9	10.7	56.7	55	0.2	6.3	0.71	0
Passionfruit & Raspberry Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1051	250	11.8	8.2	31.9	30.9	0.1	4.2	0.41	0
Passionfruit & Raspberry Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1428	340	15.9	11	44.1	42.8	0.1	5.2	0.55	0
Passionfruit & Raspberry Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	1688	401	16.8	11.6	56.5	54.8	0.2	6.1	0.70	0
Passionfruit & Raspberry Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	928	221	8.4	5.9	32.1	31.1	0.1	4.3	0.41	0
Passionfruit & Raspberry Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1277	304	11.6	8.2	44.4	43.1	0.1	5.4	0.56	0
Passionfruit & Raspberry Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1507	358	11.7	8.3	56.8	55.1	0.2	6.3	0.71	0
Passionfruit & Raspberry Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	877	209	9.3	5.9	29.9	28.8	0.4	1.2	0.36	0
Passionfruit & Raspberry Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1213	290	12.9	8.2	41.7	40.2	0.5	1.5	0.49	0
Passionfruit & Raspberry Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1431	341	13.2	8.2	53.6	51.7	0.7	1.7	0.63	0
Passionfruit & Raspberry Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	946	225	9.7	6	32.1	29.4	0.4	2.3	0.45	0
Passionfruit & Raspberry Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1299	309	13.2	8.3	44.4	41	0.5	3	0.60	0
Passionfruit & Raspberry Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1533	364	13.6	8.4	56.9	52.6	0.7	3.4	0.76	0
Passionfruit & Raspberry Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	953	227	9.9	6.1	30.4	29.4	0.7	3.8	0.44	0
Passionfruit & Raspberry Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1308	312	13.5	8.5	42.3	41	0.8	4.8	0.59	0
Passionfruit & Raspberry Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1544	367	13.9	8.6	54.3	52.6	1	5.6	0.75	0
Passionfruit & Raspberry Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1015	242	10.7	7.8	33.8	30.1	2.3	1.7	0.42	0
Passionfruit & Raspberry Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1384	330	14.5	10.5	46.4	41.8	2.9	2.1	0.56	0
Passionfruit & Raspberry Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1636	389	15.1	11	59.3	53.6	3.4	2.4	0.72	0
Passionfruit & Raspberry Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	959	229	10.7	8.2	30.7	29.7	1.7	1.7	0.50	0
Passionfruit & Raspberry Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1314	314	14.5	11	42.7	41.4	2.1	2.1	0.66	0
Passionfruit & Raspberry Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1552	370	15.1	11.6	54.8	53.1	2.5	2.4	0.83	0
Banana Split Creme Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1177	280	11.8	8.8	38	36.4	0.6	5.2	0.48	0
Banana Split Creme Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1596	380	16.2	12	51.4	49.1	1	6.8	0.64	0
Banana Split Creme Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1923	458	17.8	13.2	65.4	62.5	1.3	8.4	0.83	0
Banana Split Creme Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1248	297	13.8	9.4	37.9	36.3	0.6	5.1	0.48	0
Banana Split Creme Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1683	401	18.7	12.8	51.3	49	1	6.7	0.64	0
Banana Split Creme Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	2029	483	20.8	14.1	65.3	62.3	1.3	8.2	0.83	0
Banana Split Creme Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1124	268	10.3	7.1	38.1	36.5	0.6	5.2	0.48	0
Banana Split Creme Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1531	365	14.4	10	51.5	49.3	1	6.8	0.64	0
Banana Split Creme Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1843	438	15.6	10.7	65.6	62.7	1.3	8.4	0.84	0
Banana Split Creme Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1072	256	11.3	7.1	35.9	34.1	0.9	2	0.43	0
Banana Split Creme Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1467	350	15.6	9.9	48.8	46.4	1.4	2.9	0.58	0
Banana Split Creme Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1765	421	17.1	10.6	62.2	59.2	1.8	3.6	0.76	0
Banana Split Creme Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1142	272	11.7	7.2	38.2	34.8	0.9	3.2	0.52	0
Banana Split Creme Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1553	370	16	10.1	51.5	47.1	1.4	4.4	0.69	0
Banana Split Creme Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1870	445	17.5	10.8	65.6	60.1	1.8	5.4	0.89	0
Banana Split Creme Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1149	274	11.9	7.3	36.4	34.8	1.2	4.7	0.51	0
Banana Split Creme Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1562	372	16.3	10.2	49.4	47.2	1.6	6.3	0.68	0
Banana Split Creme Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1881	448	17.9	11	63	60.1	2.1	7.7	0.88	0
Banana Split Creme Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1212	289	12.7	9	39.8	35.4	2.8	2.5	0.49	0
Banana Split Creme Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1639	391	17.2	12.3	53.6	47.9	3.7	3.5	0.65	0
Banana Split Creme Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1975	470	19.1	13.5	68.1	61.1	4.7	4.4	0.84	0
Banana Split Creme Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1154	276	12.7	9.4	36.8	35.1	2.2	2.5	0.57	0
Banana Split Creme Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1569	375	17.2	12.8	49.8	47.6	2.9	3.5	0.74	0
Banana Split Creme Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1889	451	19.1	14.1	63.5	60.6	3.7	4.4	0.96	0
Banana Split Coffee Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1307	311	12	8.8	44.9	42.9	0.7	5.6	0.54	24.8
Banana Split Coffee Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	1822	433	16.4	12	63.5	60.7	1.2	7.4	0.76	37.3
Banana Split Coffee Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed MILK, Reduced fat whipped cream [cre:	2217	527	18.1	13.2	81.2	77.5	1.6	9.2	0.98	49.7
Banana Split Coffee Frappuccino® - whole milk	Tall	ice, Whole milk [whole MILK], Reduced fat whipped cream	1378	328	14	9.5	44.8	42.8	0.7	5.5	0.53	24.8
Banana Split Coffee Frappuccino® - whole milk	Grande	ice, Whole milk [whole MILK], Reduced fat whipped cream	1909	454	18.9	12.8	63.4	60.5	1.2	7.3	0.75	37.3
Banana Split Coffee Frappuccino® - whole milk	Venti	ice, Whole milk [whole MILK], Reduced fat whipped cream	2323	552	21.1	14.2	81	77.3	1.6	9	0.98	49.7
Banana Split Coffee Frappuccino® - skimmed milk	Tall	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1254	298	10.5	7.2	45	43	0.7	5.6	0.54	24.8
Banana Split Coffee Frappuccino® - skimmed milk	Grande	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	1757	418	14.6	10	63.6	60.8	1.2	7.4	0.76	37.3
Banana Split Coffee Frappuccino® - skimmed milk	Venti	ice, skimmed MILK, Reduced fat whipped cream [cream 3%	2137	508	15.8	10.7	81.3	77.7	1.6	9.2	0.98	49.7
Banana Split Coffee Frappuccino® - almond drink	Tall	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1202	287	11.5	7.1	42.8	40.7	1.1	2.4	0.49	24.8
Banana Split Coffee Frappuccino® - almond drink	Grande	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	1693	403	15.8	10	60.9	57.9	1.6	3.5	0.69	37.3
Banana Split Coffee Frappuccino® - almond drink	Venti	ice, Almond drink [water, ALMOND (2.5%), fructose, acid	2059	490	17.3	10.7	78	74.1	2.1	4.4	0.90	49.7
Banana Split Coffee Frappuccino® - original nut blend	Tall	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1272	303	11.8	7.3	45.1	41.3	1.1	3.6	0.57	24.8
Banana Split Coffee Frappuccino® - original nut blend	Grande	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	1779	423	16.2	10.1	63.7	58.7	1.6	5	0.80	37.3

Banana Split Coffee Frappuccino® - original nut blend	Venti	ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%	2164	514	17.8	10.8	81.4	75.1	2.1	6.2	1.03	49.7
Banana Split Coffee Frappuccino® - soya drink	Tall	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1279	305	12	7.4	43.3	41.3	1.3	5.2	0.57	24.8
Banana Split Coffee Frappuccino® - soya drink	Grande	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	1788	426	16.5	10.2	61.5	58.7	1.9	6.9	0.79	37.3
Banana Split Coffee Frappuccino® - soya drink	Venti	ice, Soya drink [Soya base [water, hulled SOYA beans (7.5	2175	517	18.1	11	78.8	75.1	2.4	8.5	1.02	49.7
Banana Split Coffee Frappuccino® - oat drink	Tall	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1342	319	12.8	9	46.7	42	3	2.9	0.54	24.8
Banana Split Coffee Frappuccino® - oat drink	Grande	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	1865	444	17.4	12.3	65.7	59.5	3.9	4.1	0.77	37.3
Banana Split Coffee Frappuccino® - oat drink	Venti	ice, Oat drink [Water, OAT (12%), coconut fat, maize dex	2269	540	19.3	13.5	83.9	76.1	4.9	5.2	0.99	49.7
Banana Split Coffee Frappuccino® - coconut drink	Tall	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1285	307	12.8	9.5	43.7	41.6	2.3	2.9	0.62	24.8
Banana Split Coffee Frappuccino® - coconut drink	Grande	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	1794	428	17.4	12.8	61.9	59.1	3.1	4.1	0.86	37.3
Banana Split Coffee Frappuccino® - coconut drink	Venti	ice, Coconut drink [Water, coconut milk (10%), sugar, ma	2183	520	19.3	14.2	79.3	75.6	4	5.2	1.11	49.7
Salted Caramel Cream Cold Brew	Tall	Cold brew as brewed [arabica coffee], ice, Salted Caram	162	39	1	0.2	5.5	5.5	1	1.2	0.87	36.9
Salted Caramel Cream Cold Brew	Grande	Cold brew as brewed [arabica coffee], ice, Salted Caram	267	63	1.4	0.3	10.3	10.1	1.4	1.7	1.27	50
Salted Caramel Cream Cold Brew	Venti	Cold brew as brewed [arabica coffee], ice, Salted Caram	372	88	1.8	0.4	15.1	14.8	1.8	2.1	1.67	63.2
Berry Hibiscus Refresha™	Tall	ice, Berry hibiscus beverage base [Water, sugar, white gra	294	69	0.3	0	15.7	14	0.9	0.5	0.04	37.2
Berry Hibiscus Refresha™	Grande	ice, Berry hibiscus beverage base [Water, sugar, white gra	372	88	0.3	0	20.2	18.5	0.9	0.5	0.05	49.3
Berry Hibiscus Refresha™	Venti	ice, Berry hibiscus beverage base [Water, sugar, white gra	453	107	0.3	0	24.9	23.1	0.9	0.6	0.07	61.9